

# Welcome to Convention 2004!

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## Convention 2004 is brought to you :

**Director:** Randy "Wazmo" Schuster

**AJFF Conventions Committee Chair:** Keith "Wookie" Thompson

Registration: Theresa "Ma T" Najita,

Banquet: Lyle "Iron Thumbs" Najita

Mats: Wookie

Convention Brochure: Diane "Frodo" Carlson (with special thanks to

First Aid: Cynthia Frueh

Invocation: Tony "I am comfortable in my masculinity" Crockett

T-Shirts: Gina "MoonOwl" Bogart

Table Decorations: Frodo, Ma T, Ebola, MoonOwl, Shoop Shoop, Wookie, Chotz, Jewels, Wazmo, Zodan, Garek, and more...

Hospitality: Julie "Jewels" Roessig and Rob "The Hammer" Schumann

Contests: Barb Gessner and Mike "Mikee" Jimenez-Cruz

Web site: Ma T

Art Exhibit: Frodo, and Jeanne "Shoop Shoop" Garman

Computer Deities and Banquet Powerpoint show: Erin "Ebola" Carlson and Jason "Vampire" Spake

Flowers: Iron Thumbs

Kids' Kokua Pass - Ebola and Frodo

Dunk Tank - John "William's Dad" Ebeler

Karaoke - Shoop Shoop

Vendors - Iron Thumbs

Printing - William "Billiam" Leyva

Creative Consultant - Charlotte "Chotz" Carlson

DJ - Professor Bob "Tiny Town" Hudson

And indispensable Ju-Do Kai members: Tom "Oboe" Cronin, Jeff "The Pirate" Bogart, Daniel "Get Your Notebook Done" Jimenez, Don "Mae Geri San" White, Rob "TOR" Gunther, Terry McGarvey, Ayzik Solomeshch, Tamara "Falls like a Feather" Fletcher, Stas "Mr. Calculus", Racheal "The Pinner", and Nick.

Not to mention our kids: Zoë, William, Dana, Nathalie, Gavin, Hunter, Cecilia, Nicholas, Tom B., Garrett, and Wazmo. ...and by the letters: A, J, and F..

**56<sup>th</sup> Annual  
Convention**



**Brochure Haiku brought to you in part by** the Davis Ju-Do Kai Geijitsu After School Kids' Art Class: Hana, Nassim, Zoë, William, Dana, Nathalie, Gavin, Hunter, Cecilia, Nicholas, Tom B., Garrett, and Wazmo. ...and by the letters: A, J, and F..

From Randy: My thanks for all of the DJK crew and to all of the folks from other dojos who offered their help. Special Thanks to my Top Dogs at the dojo:

## Discovering Onko - Chishin

Go to the Classes.  
Watch all of your Instructors.  
You figure it out.

-Randy O. Schuster  
The Convention Director  
Two Thousand and Four

# Here's the Scoop-a-roni...

Be happy and smile.  
Do everything with  
a smile.

## Throughout the Weekend

Art Exhibit

Massage Room/Acupuncture and Traditional Chinese Medicine  
Vendors

### Thursday, March 18

12:00 noon - 9:00 p.m. Board of Directors  
12:00 noon - 9:00 p.m. Operations Committee

### Friday, March 19

9:00 a.m.- 12:00 noon. Joint Board Meeting  
12:00 noon - 9:00 p.m. Clinics  
12:00 - 4:00 p.m. School Heads' Training  
1:00 - 7:00 p.m. Black Belt Exams  
7:00 p.m. Contest Committee Meeting.  
4:00 - 7:00 p.m. Examiner Training Program  
7:00 - 9:00 p.m. Special Evening Entertainment

Featuring **DJ Prof Bob** and  
a special guest...the  
Karaoke Master of the  
Universe...

### Saturday, March 20

7:00 - 8:00 a.m. School Heads' Breakfast  
9:00 a.m. Opening Ceremony  
9:30 a.m. - 4:00 p.m. Clinics  
11:00 a.m. - 1:00 p.m. Lunch  
11:00 a.m. - 1:00 p.m. National Free-style Championships  
5:00 - 7:00 p.m. No Host Bar and  
the AJJF "Pick-up Band" Command Performance (5:30 - 6:30)  
7:00 - 9:30 p.m. Banquet

**New Dans** - Wear your  
swimsuit under your gi --  
there will be a dunk tank  
at the end of the  
congratulatory hurl line  
just for you!  
**Kyu Ranks** (and others) -  
bring your cash (\$1/per

### Sunday, March 21

8:00 - 9:00 a.m. Division Managers' Breakfast  
8:00 a.m. Black Belt Promotional Throws  
9:00 a.m. - 3:00 p.m. Clinics  
11:00 a.m. - 1:00 p.m. Lunch  
11:00 a.m. - 1:00 p.m. Geoff Cup, Bob Leek Perpetual Trophy,  
and Kokua Cup Challenges  
3:00 p.m. Closing Ceremony

**Bob Leek Trophy**- Do you  
refuse to acknowledge  
gravity as a physical law?  
Come try your no-handed  
sutemi...  
**Kokua Cup** - Shiai with a  
smile  
**Geoff Cup** - A new  
challenge every year - Cup

### Massage   ▶▶▶Room 118

Professor Carr and Sensei Cynthia Frueh will be teaching treatment techniques for pain relief. Anyone can sign up to get a wonderful massage from a graduate of the DanZanRyu Seifukujitsu Institute. Graduates of DZRSI massage programs can log hours for continuing education credit.

### Acupuncture and Traditional Chinese Medicine

#### ▶▶▶Room 119 & Stage

This year, we are honored to have ten student interns and three supervisors from the American College of Traditional Chinese Medicine (ACTCM) in San Francisco. We are grateful for these volunteers who are providing us with a unique opportunity to experience both acupuncture and tui na (Chinese medical massage).

### First Aid   ▶▶▶Registration Table

If you get injured, notify the instructor on the mat immediately and then head to the Registration Table where the staff will help you.

## Professor and Instructor Biographies

**Professor Tom Ball**, Kudan, began Jujitsu in 1957 with Bud Odom and received his shodan in 1958. In 1964 as a yodan, he taught at U.C. Davis, and founded the first martial arts dojo in Davis since WWII. Hundreds of students from around the world studied with him during the years 1964 to 1972. Prof. Ball is currently Sensei of the Shingi Kan and has recently retired from teaching high school in Fort Jones, California. He and his wife, Jan, have operated Camp Kodenkan North at their ranch since 1973. Prof. Ball helped establish the AJJF's Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute, and sits on its Standards Committee as Director of History and Theory. He is the current CEO of the AJJF.

**Sensei Nancy Bigham**, Yodan started Danzan-Ryu Jujitsu in 1979, received her Shodan in 1983 and Yodan in 2001. She is the co-founder of Kodai No Bushido Dojo and has been an active member of the American Judo and Jujitsu Federation since 1980. Nancy is currently continuing her Danzan Ryu studies under Professor Robert Hudson. In addition to her rank in Danzan Ryu Jujitsu, Nancy holds certificates in and practices Okazaki restorative massage. She has been approved by the AJJF to teach athletic taping to meet AJJF Dan requirements, and she is a certified Instructor in the Rape Aggression Defense (R.A.D.) Systems Basic Physical Defense for women.

**Sensei Todd Birdseye**, Yodan, started Danzan Ryu Jujitsu in 1978 with Prof. Bud Estes and Rich Radcliffe at the Chico Kodenkan. Todd became co-sensei of the dojo in 1996 with Delina Fuchs. He received his Shodan in 1987 and his Yodan in 2002. He is also a blue belt in Brazilian Jiu-jitsu and a purple belt in Kempo Karate.

**Sensei James Bodnar**, Godan. Beginning his Danzan Ryu training in 1983 with Professor Tom Ball, Sensei Bodnar has earned the rank of Godan with the AJJF and is certified in the Okazaki Restorative Massage Techniques. In order to gain a deeper understanding of Danzan Ryu, Sensei Bodnar has sought out and trained with many of the finest instructors within Danzan Ryu, as well as from other martial arts which influenced Master Okazaki's creation of Danzan Ryu. Currently, he is the chief sensei of Mugenkan Martial Arts Center located in Yreka, Ca. and occasionally instructs at various clinics throughout the country.

**Sensei Tanja Brekke**, Sandan, is the senior student of Sensei Tom Lang. She started jujitsu at California State University, Chico in 1979. She received her AJJF Shodan in 1982 and Sandan in 1987. She has been an instructor of the AJJF Massage program, a Director of Camp Kodenkan's Kids camp, the Manager of Central Office. She continues today as co-sensei of Ternion Academy, which she had done since 1982.

**Sensei Vern Brekke**, Godan, has studied and taught martial arts since 1973. His first instructor was Professor Lamar Fisher at the Nibukikan in Chico, California. He has been an AJJF school head since 1978 and has served the AJJF as Director of Development, Manager of Development, and Chairman of the Board of Managers. His jujitsu has been tempered by the Wing Chung/karate system of a friend, Sensei John Marshal, and several styles of Tai Chi Chuan and Chigung. Other influences have been the completion of a police academy FBI Rangemaster certification, and graduation from a masters program in Physical Education and Biomechanics from California State University, Chico. He has been the co-sensei of Ternion Academy, with his wife Tanja, since 1982.

**Sensei Jaya Carl**, Sandan, started Dan Zan Ryu Jujitsu in 1986 with Matt and Nancy Bigham. He received his Sandan in 1997 and is currently studying under Professor Robert Hudson. Jaya is head instructor at Shanti Jujitsu dojo, a unique dojo which incorporates jujitsu, yoga, massage, and community. He currently serves the AJJF as National Manager of Communications and Webmaster.

**Professor Jane Carr**, Hachidan, is our leading lady Professor of the AJJF, advocate for our membership, and a working example of our female membership. Prof Carr is also a Lakan Isa in Modern Arnis, Professor Emeritus of the DZR Seifukujitsu Standards Committee, and DZR Seifukujitsu Instructor. She continues to perform many services for the AJJF including being the active Shihan of the Redding JuJitsu Academy, and instructing at seminars and conventions. Prof Carr is married to Bill Rhyne and is the mother of two daughters and grandmother of five.

**Sensei Kevin Colton**, Godan, is the Chief Instructor at the Santa Clarita Valley School of Jujitsu. In 1966 Kevin started Danzan Ryu Jujitsu with instructor Joe Burlin. He

received his AJJF Shodan in July of 1976 and his Godan in 2003. Kevin graduated from the DanZan Ryu Seifukujitsu Institute under Professor Robert Hudson in 1997. In his years of teaching, Kevin has promoted more than 25 students to the rank of Black Belt. Currently, Kevin is developing a self-defense course for persons with handicapping conditions. Kevin is also the defensive tactics instructor for the California Highway Patrol (CHP), L.A. County, and City Agencies.

**Professor John Congistre**, Kudan, began his martial arts training in 1952 with Professor Ray Law in Oakland, California and practiced there until the dojo closed in 1969. Professor Congistre has studied and competed in sport Judo, earning a Sandan rank. His martial arts training include sport Judo, Karate, Kendo, and massage. His education includes BS from the University of California Berkeley, an MS from the University of Santa Clara. Professor Congistre is employed as a senior design engineer and is a retired AF Lt Col. John is married, is the father of two and a grandfather of one. Professor Congistre spends his spare time teaching martial arts, traveling, judging kata tournaments, skiing, hiking, biking and enjoying his family. Professor is currently the treasurer of the AJJF. The Shoshin Ryu Yodanshikai recognized Professor Congistre's Kudan degree and has made him a life member.

**Shihan Brent J. Crisci**, Director of Karate Kamp 2003 and The United Martial Arts Academies has trained in the arts of Kempo-Kenpo Karate, Shaolin Five Animal Kung Fu, and Jui Jitsu, as well as Ninjitsu, Tang So Do, Shotokan and various Chinese and Japanese Weapons Systems. He has traveled around the world for the last ten years with US Teams and Team USA as a competitor, presenter and coach. His Self Defense Programs have been taught at universities, health clubs, and law enforcement training centers across New England. He has been featured in Blackbelt, Karate International, and other notable martial arts magazines. His career highlights include the following: World Martial Arts Hall of Fame, United States Karate Association, ranked one of the top ten competitors in the United States, silver and bronze medallist: Pan-American Games, gold medal winner World Good will Games. He will share this knowledge and experience with all in attendance

**Professor Don Cross**, Shichidan, began his jujitsu training in 1957 with Professors Ray and Marie Law in Oakland, California. While his primary martial art practice has always been jujitsu, Prof. Cross has extensively studied in tai chi chuan, judo, kempo, Goju Ryu, Shotokan, Kendo, and Sil Lum kung fu, and he is a certified chi gong instructor with the Tian Gong International Association. Prof. Cross served on the AJJF Board of Managers as Manager of Regions and Manager of Internal Relations. As an Okazaki Restorative massage practitioner and instructor, he was instrumental in the development of the AJJF Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute. He was sensei of Jujitsu-Do Martial Art Center for 33 years. He has produced a series of 10 instructional video tapes on Dan Zan Ryu, Massage, and Chi Gong. Prof Cross currently serves as the Vice-President of the AJJF and is a member of the steering committee of the Dan Zan Ryu Instructor Development Institute.

**Sensei Frank O. Diarmit**, Yodan, began his study of Dan Zan Ryu in 1963 at the Salem, OR YMCA under senseis Tom Jenkins and Roland Clark. Roland brought Frank to black belt in 1970. Frank met Prof Nolte about 25 years ago while visiting Medford on business and became his student. Prof Nolte brought Frank to Nidan in 1978, Sandan in 1982 and Yodan in 1991. Frank has a particular interest in wooden weapons, especially the yawara stick as he is also a sometimes woodworker.

**Professor Dennis J. Estes**, Rokyudan, was exposed to DanZan Ryu from age six, and as a teenager assisted his father in teaching classes. In the 1980's as a Police Officer, he became a certified instructor in PR-24 Baton, Kubaton, Arrest and Control Techniques, Self Defense, and the Lindell Method of Handgun retention, and taught at the Idaho Police Academy. Prof. Estes rejoined the AJJF in 1983 and rose through the ranks, being promoted to Rokudan and Professor in 2001. He is also recognized by the Kodenkan Yudanshakai and holds a black belt in Daito Ryu Aikijitsu. Prof. Estes started the Bushido Jutsu Kan in Lehi, Utah.

**Sensei Amanda Ferris**, Shodan, began her study of Dan Zan Ryu in 1986 at the Bushidokan with Professor LaGue. She currently studies and teaches with her father, Sensei Frank Ferris at High Sierra Jujitsu. Amanda manages the juniors program and has many wonderful students. She is currently finishing her undergraduate studies in elementary education

at the University of Nevada, Reno, and plans to be a Dan Zan Ryu teacher by night and a school teacher by day.

**Sensei Francis (Franko) James Ferris**, Yodan, began studying DZR Jujitsu with Prof. Herb LaGue in 1986. Today, he and his partners develop, manage and sustain a DZR martial wellness center in Nevada, which includes High Sierra Jujitsu. Franko serves the BOP/BOM anytime asked. His expertise and loyalty reside foremost in the multiple aspects of Master Okazaki's Dan Zan Ryu but he and his students cross-train by design. A serious technician of ORM and Seifikujitsu and the original Wandering Uke, Franko embraces an open heart and an open door policy.

**Senior Professor Lamar Fisher**, Judan, has practiced jujitsu since 1948, when he first became a student of Professor Estes. He taught at the Chico Judo and Jujitsu Academy from 1950 to 1972, achieving the rank of Professor in 1956. Prof. Fisher taught women's self-defense courses for 10 years at Butte College. In 1981, he became school head of the Nibukikan in Chico, California. Prof. Fisher is currently Senior Professor of the AJJF.

**Sensei Cynthia Frueh** has been training since 1981, starting at The Dojo in Oakland, California. She is the founder of Makoto Kai, Woodland, California, is an AJJF Yodan, AJJF Massage Instructor, and AJJF Manager of Divisions having served in many offices on the Board of Managers and now Operations. Her sensei is Professor Jane Carr. She says, "My special interest has always been to allow women and girls to find their strength and dignity through jujitsu training."

**Sensei Delina Fuchs**, Yodan, is school head of Chico Kodenkan. She started in Dan Zan Ryu in 1978 with Professor Bud Estes and Rich Radcliffe. Delina is most proud of her volunteer work teaching jujitsu and self-defense with several non-profit organizations. She is a weapons instructor with 17 years of experience in Iaido and 23 years experience with Jojitsu. Upon completion of the 2003 Okugi class, she received a Kaidensho and title of Kyoshi. In addition to graduating from the Dan Zan Ryu Seifukujitsu Institute in 1993, Delina recently earned her Master of Arts in English from Cal State University Chico. Her Master's Thesis utilized DZR kata as an example of an embodied literacy.

**Sifu Janet Gee** is the founder and director of Janet Gee's Martial Arts Training in San Francisco. She has been studying martial arts since 1971. Her principal martial arts styles are Choy li Fut Kung Fu and Tai Chi Chuan. She has also studied other martial arts styles including Aikido, TaeKwan Do, Jujitsu, Kempo Karate, Indonesian martial arts, and Judo. Janet holds the rank of seventh-degree black belt. She has taught martial arts workshops throughout the U.S., Canada, Mexico, Europe, and Australia. She is also an adjunct faculty member at City College of San Francisco. Janet has won recognition and awards from several martial arts organizations. She has taught at many martial arts gatherings, including those sponsored by the Pacific Association of Women Martial Artists, the National Women's Martial Arts Association, and the AJJF.

**Sensei Barbara Gessner**, Godan, in both Jujitsu and Judo, began studying the martial arts in 1972 at East Stroudsburg University, Pennsylvania, where she received both B.S. and M.Ed. degrees in Health and Physical Education. Her Master's Thesis was an application of teaching methodology to the martial art of Jujitsu. In 1976 she took over her first dojo Portland Kodenkan in Pennsylvania, and in 1978 she became Sensei of her present school, Rutgers University Kodenkan in New Jersey, where she also teaches and has received a Doctorate in Education. The first recipient of the Bert Aspinall award, Barbara has served on the AJJF Board of Managers and Operations Committee since 1988. Prior to that she was Director of Clinics for Region IV (Now the Northeast Region).

**Sensei Jess Green**, Sandan, began Danzan Ryu in 1971 under Prof. Gene Edwards. Jess is a credentialed teacher with motivation from 16 years of junior jujitsu camp. Jess has also studied Karate, Aikido and enjoys hanbo and jojutsu. Known primarily for using games to enhance junior's skills, he is happiest on the mat with future yudansha. Jess is sensei of the Asobikan (Japanese for playhouse), the club unified from Calistoga Jujitsu Institute and Healdsburg Jujitsu.

**Sensei Sheryl Hager**, Godan, has been a student of Dan Zan Ryu for over 30 years, beginning her training with her mother and father, Jim and Jane Dean, in May 1966 at the Redding Jujitsu Academy. Sheryl has studied a wide range of other martial arts including; Parker's Kenpo, Tai Chi, and Shotokan Karate. She formed the Hale O Lima Kokua Martial

Arts Center in Sacramento in 1980 and continues to instruct special classes there. Sheryl is a certified Massage Technician in the art of Seifukujitsu, has served as an assistant instructor for the AJJF Massage Program and maintains her own massage clinic at the RJA. Sheryl received her Godan in March, 2003.

**Sensei Ted Himmah**, Yodan, began training in Dan Zan Ryu in 1970 with Prof. Cross. He received his AJJF Sandan in 1981, and then took a sabbatical from Jujitsu until 1996 when he began Shorin Ryu Karate (reaching Nidan), Kubudo, and returned to teaching Dan Zan Ryu. He officially opened Gold Country JuJitsu Club in 1998, and in 2001 he received his Yodan. He has recently begun studying Choi Lai Fut Kung Fu and Tai Chi. He has three great kids and celebrated his 20<sup>th</sup> anniversary with his lovely wife. He studied New Testament Greek for 10 years, plays guitar, banjo, and golf, and works as a carpenter.

**Sensei Robert Hodgkin**, Yodan, began studying Jujitsu in 1982 under the instruction of Professor Gene Edwards at his dojo in Calistoga, California. Robert then moved to Provo, Utah, in 1984 and joined the Lehi Dojo under the instruction of then Sensei Dennis Estes. Robert today runs Bushido Jutsu Kan in American Fort, Utah.

**Grandmaster Robert Hoe**, a native Hawaiian who migrated to New England in the early eighties, has been a student of the Kempo Arts since the age of 5. He began his training in the Kosho Ryu Kempo line under Simeon Eli, direct student of James M. Mitose. He continued training with his father in the following years. He has worked as an educator and coach for decades helping young people reach their full potential. He has always remained a student, traveling to seminars and gatherings all over, sharing with Masters from all systems in hopes of improving his own. He also holds ranking in the Cheezics line of Tang Soo Do. He is a Maine Guide and is acquiring his Maine Whitewater Rafting License well into his 50's, no small accomplishment. He will also be sharing his years of training knowledge and skills as a wrestling coach and competitor. Lastly he will be sharing his expertise as a Master Chef as he prepares special Asian delights for everyone after a hard day of training.

**Professor Robert Hudson**, Shichidan, began his jujitsu training in 1971 in Oakland, California, with Sensei Mike McGurk. In addition to studying jujitsu, Bob is sifu, or instructor, of Wing Chun gung-fu, and studies Chinese internal arts such as I Quan and Qi Gong. Bob graduated from the 1993 Okugi class taught by Professors Sig Kufferath and Tony Janovich, where he received a KaiDensho and the teaching title of Shihan. Bob is a founding member of the AJJF Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute, and he is the Director of Technical Standards. Bob has also produced four videotapes on the study and practice of Danzan Ryu Jujitsu.

**Professor Tony Janovich**, Hachidan, began his martial arts study at age 5 under his father, a teacher of combat judo in the Marine Corps. At the age of 12 he started his jujitsu study under Professor Sig Kufferath. Professor Kufferath awarded Janovich the titles of Professor and 8<sup>th</sup> dan, the highest degree ever given by Kufferath. Under Prof. Kufferath, he was guided and instructed through Dan Zan Ryu Jujitsu, including all the "Okugi" (advanced teachings) levels. Prof. Janovich is the only person awarded a "Kaidensho" and "Mokuroku" directly from Prof. Kufferath. In addition, Janovich learned the Okazaki system of Restoration Therapy known as Seifukujitsu from Prof. Kufferath. A former police officer, he has taught for the Department of Defense, various police agencies and colleges. He has owned and operated the Kodenkan Jujitsu & Restoration Therapy for 30 years. Prof. Janovich holds black belt ranks in Aikido and Judo, and has studied several other martial arts.

**Professor Tom "T.J." Jenkins**, Shichidan, began his studies of Kodenkan Jujitsu with Professor Bud Estes over 40 years ago at the Chico Judo and Jujitsu Academy. He was promoted to Professor in 1989 and is a member of the AJJF Examination Board. He teaches seminars on Kodenkan Jujitsu and is the published author of the Japanese Martial Arts Character Dictionary. He is currently completing a new book entitled Kodenkan Jujitsu.

**Sensei Mike Jimenez-Cruz**, Shodan, has been Sensei Lyle Najita's student for over 412 days. Mike has been named Yolo County's Juniors Instructor of the Year for the past nine years. He has adapted his skills well to both Mu Duc Foo Schusteroo and Iron Thumb Style. Mikee enjoys Life cereal, Starbuck's Chai Tea, and Karaoke.

**Sensei Hillary Kaplowitz**, Sandan, has trained under a number of senseis, including Jim Nieto, Mike Lynch and Ed Cook, receiving her Shodan in 1998 from Profs. William Randle and Leif Bennett. Currently she is School Head of Pacific JuJitsu Kai in Santa Monica, California and is continuing her studies under Prof. Robert Hudson, receiving her Nidan in 2000 and Sandan in 2003.

**Sensei Bob Karnes**, Godan, started AJJF DanZan Ryu in 1982 under Ginny Kizkie in Sparks, Nevada. Bob transferred at the rank of Nikyu to Herb LaGue, Sensei of Sparks Judo and Jujitsu (now the Bushidokan) in 1984. Bob was Sensei Ni under Suki LaGue, Sensei and Prof. Herb LaGue until October 2001.

**Professor Jerome "Jerry" Kunzman** earned his first black belt in Aiki-Jujitsu in 1964. Prof. Bud Estes awarded him his black belt in Kodokan Jujitsu in 1975. Professor Kunzman holds an 8<sup>th</sup> degree black belt in Aiki-Jujitsu, a 3<sup>rd</sup> degree black belt in Kodokan Judo, a 2<sup>nd</sup> degree black belt in Kodokan Jujitsu, and a first degree black belt in Kyokushin Karate. He is a founding Professor of the American Teachers Association of the Martial Arts (A.T.A.M.A.). In addition to his Martial Arts accomplishments, Kunzman also holds college degrees in Electronics Engineering, Physics, and Medicine.

**Professor Herb Lague**, Rokudan, began studying jujitsu and related esoteric subjects with his father, James, in 1951. Among the other styles of martial arts he has studied are Chinese kempo, tae kwon do, tang soo do, pi lum kung fu, sivate, kenjitsu, shotokan, aikido, and taiji quan. Herb is involved in the development of physical intervention techniques used at several state agencies ("institution waza"), offers special jujitsu training for at-risk adolescents and young adults, and hosts Camp Maui annually. A past AAU Pacific Chairman, Herb served as the AAU National Jujitsu Chairman for 12 years. He presently serves as International Chairman of AJJF Allied membership and seminars. For the last five years, he has been teaching AJJF Danzan Ryu in Asia, Europe, South America, the U.S., and Canada. Herb is also on the Board of Directors of the Ecuador Jujitsu Federation. In 2001, Herb became one of the founding members of the Reno/Sparks Faith-Based Ring of Care and Spiritual Arts of Nevada, a community service organization. Herb was named, "Ambassador for Peace" in 2003 by the Interreligious and International Federation for World peace for his work promoting peace and use of martial arts as a spiritual character-building system. In February 2004, Herb was recognized by the Interreligious and International Peace Council in Washington D.C. for exemplary Leadership in Reconciliation and Peacemaking.

**Sensei Suki LaGue**, Godan, started Dan Zan Ryu Jujitsu in 1985, under Prof. Herb LaGue, and has been actively studying since. Although she has taken classes in many other styles, her primary is and always will be Dan Zan Ryu Jujitsu. She is currently the schoolhead of the Bushidokan Martial Arts Temple in Sparks.

**Professor Geoff Lane**, Rokudan, has been studying jujitsu at the Nibukikan under Senior Professor Lamar Fisher since 1977. He received his shodan in 1979 and his sandan in 1987. He currently teaches jujitsu at the Nibukikan in Chico, CA. Geoff's athletic training includes five years of wrestling as well as ten years of competitive swimming and water polo.

**Professor Alex Limbaugh** began studying judo in 1968 at age 8. He became Sensei in 1977 and has trained in Kodokan Judo, American Boxing, freestyle wrestling, LeDret Muay Thai, Gracie Jiu Jitsu, Tang Soo Do Karate, Practical Weapons Training and the NRA Personal Protection Course. His teaching stresses the importance of rigorous training, the ability to adapt to the situation at hand and the willingness to use any means necessary to survive in combat. Professor Limbaugh was promoted to Hachidan (8<sup>th</sup> degree black belt) and appointed Director of the Hawaiian Jiu Jitsu System, Inc., in 2000.

**Sensei Robert McKean**, Yodan, is a police lieutenant with 27 years law enforcement experience. Bob holds additional black belts in Shutokan Goshin-Jujitsu, USJA Judo, Shotokan karate-do, and Daito Ryu aiki jujitsu. He graduated from the FBI Defensive Tactics Instructor Program, and is a Certified International Police Defensive Tactics Instructor.

**Sensei Steven J. McLaughlin**, Godan, has studied martial arts since 1972 and is the sensei of the Hawaii JuJitsu Kodenkai in Honolulu, Hawaii. He has innovated an advanced course of underwater techniques (MizuJitsu). He is a Dive Professional and is a PADI

certified Rescue Diver. Sensei McLaughlin was appointed as the Hawaii A.A.U. JuJitsu Chairman in 1994. He is the Regional Manager of the Hawaii Region for the AJJF. Sensei McLaughlin has degrees in Computer Graphics & Design and Information & Computer Science. He is the owner and originator of "That Computer Guy" computer tutoring business and has helped pioneer Martial Arts on the Internet. He is also a Certified and Bonded Locksmith, Pistolsmith, and Knife maker. He has published several articles in leading magazines and short courses on Fire-arms, Edged Weapons (Knife Throwing / Knife Fighting), and Computers.

**Sensei Ward Melenich**, Yodan, began studying fighting arts in 7<sup>th</sup> grade when he began wrestling. He wrestled through high school and college. In 1986, he began DZR with Sensei Gene Esala in Duluth, MN. He started the Kuroinukan in 1987 and was later joined by now co-sensei Sohn Wehseler (Yodan). Ward started Judo classes with Sensei Roger Jensen in 1990 and has routinely competed in shiai ever since.

**Sensei Tim Merrill**, Yodan, began studying DanZanRyu in 1976 with Senseis Jim Tobias and Jo Ann Watson at the Lab in Livermore. Their dojo, Yoshin Jitsu Kai, soon moved to downtown Livermore where it remains today. Sensei David Gordon presented Tim with his Shodan in 1984, and he took over from Dave and ran the dojo from 1986 to 1995. In 1995 Tim started a new dojo, Chiku Shin Dojo, in Concord. Tim was certified in the first AJJF Okazaki Restorative Massage Class. Professor Robert Hudson presented him with his AJJF Yodan in 2003. He worked as an engineer for a couple of decades and for the last decade has been a high school science teacher.

**Professor James Musselman**, Shichidan, began his studies of jujitsu in 1948 at the Chico Judo and Jujitsu Academy under Prof. Bud Estes. He started many jujitsu schools in Nevada and California while pursuing a career in broadcasting and television. In 1960, Prof. Musselman was promoted to Godan and Professor. He is currently Senior Instructor of the Kodokan Institute located in Redwood City, CA.

**Sensei Lyle Najita**, Nidan, began studying Kodokan Judo at age 10 under Sensei Robert Kimura. It wasn't until he moved to California in 1995, that he discovered Danzan Ryu Jujitsu. He has since been training under Sensei Randy Schuster. He also trains in Wing Chun with Bradford Louie.

**Professor Larry Nolte**, Rokudan, began training in 1958 with Prof. Tom Ball. In Sept of 1960, he was awarded his Shodan by Prof. Bud Estes and Prof. Tom Ball during the opening of the Medford Judo Academy. He became Sensei of the Medford Judo Academy in 1962. Prof. Nolte coached wrestling at the high school and junior high levels for more than 30 years. His martial arts training includes sport judo, Jujitsu, Karate and Okazaki massage. Prof. Nolte continues to substitute in the public schools having retired with 35 years of service. The Medford Judo Academy is the oldest AJJF club in continuous operation, and has been in the same location since its inception. More than 40 of his students have been promoted to Shodan or higher degrees. Professor Nolte graduate from the 2003 Okugi course taught by Professor Janovich, where he received a Kaidensho and teaching title of Shihan.

**Professor Imi Okazaki-Mullins**, Rokudan, youngest daughter of Prof. Henry Seishiro Okazaki, began training at home with her sisters, Betty (Wolf) and Myrtle (Oberman). Their father taught them jujitsu techniques and under his direction established a foundation of massage through many hours of practice (head, hands, and feet) with him as the "patient." He also entered the three of them in a women's Jujitsu class instructed by Iwalani Tanaka and Jackie Wong. In the early sixties, Betty, Myrtle, and Prof. Mullins were trained by Keiko Fukuda, the highest-ranked female judoka in the Kodokan. They continued teaching both Kodokan and Kodokan techniques until 1970s, when Professor Mullins retired for health reasons. Then, in 1993, because of Prof. Clyde Zimmerman's encouragement and support, Prof. Mullins came out of retirement and returned to teaching. In 1994, Prof. Mullins was promoted to Godan and Professor, and is currently ranked as a Rokudan, a 6<sup>th</sup> degree black belt, by the Shoshin Ryu Yudanshakai. Prof. Mullins is honored to have been given the Professor John Chow Hoon Spirit of Kodokan Memorial Award in 1999.

**Sensei Chantilly Ortiz**, Shodan, is a student and manager at Mountain Storm jujitsu in Sonora. She is also certified in Okazaki Restorative Massage.

**Sensei Jose Ortiz**, Nidan, a wrestler since junior high school, has practiced Dan Zan Ryu Jujitsu since 1989. He earned his Shodan in 1992 and his Nidan in 1999, studying under Professor Rory Rebmann. He continues to practice Jujitsu as school head of Mountain Storm Jujitsu in Sonora, CA, and coaches wrestling at Summerville High School.

**Sensei Jeff Penner**, Yodan, has been studying Danzan Ryu Jujitsu since 1985 and earned his black belt in 1991 under his current sensei, Prof. Robert Hudson. He has been teaching and learning (i.e., Sensei) at Honshin Kan since 1993. He is a graduate of the Okazaki Restorative Massage program both mods I and II.

**Renshi Pete Pukish**, owner and chief instructor of Satori Martial Arts and Healing Center, holds ranks in multiple systems, including Shuriryu Karate Do and Shinto Yoshin Ryu Jujitsu. Pete was named 2001 Karate Instructor of the year by the American Budokai Society.

**Professor William G. Randle**, Kudan. A 1961 black belt graduate of Law's American Judo and Jujitsu School, Bill is in his 50<sup>th</sup> year of DZR practice. Sensei of the Westside YMCA Jujitsu Club since 1973, he spent most of the previous decade in the Brother of Holy Cross at St. Edwards University in Austin, Texas. Professionally, Bill is a Director of the Santa Monica YMCA and serves as House Committee Chair and Board Member of the Santa Monica Rotary Club.

**Professor Rory Rebmann**, Hachidan, started Jujitsu in 1959 at age 11 under Prof. Ray Law. As part of his training, Prof. Rebmann studied Shotokan Karate and Bushido Jujitsu. Prof. Rebmann also holds a Godan in Kodokan Judo and a Hachidan in Goshi Jujitsu. He was awarded the Kodenkan Heritage Award for 2001. He is currently the owner and head instructor of the Amador Judo & Jujitsu Studio in Livermore, CA and which has produced many national Judo and Jujitsu champions. Prof. Rebmann is the Past President, Vice-President and Central Office Manager of the AJJF.

**Sensei Robert Reish**, Godan, has devoted more than 38 years to the study of martial arts. When he recounts all the wonderful martial arts' people and sensei with whom he's trained and shared, Bob knows he's been richly blessed and is extremely thankful. Bob's training has included judo, jujitsu, karate, aikido, kendo, escrima and kali, jun fan gung fu, muay thai, savate, and silat. Bob graciously explains that he "is still a student listening to all who are willing to share." Today, when Bob is not piloting a Boeing 777 from Los Angeles to London, he can be found sparring with his son or training with island friends on the beach in Hawai'i.

**Sensei Tom Ryan**, Godan, began his martial arts career in the early 1970s while in the U.S. Army. He has studied Tae Kwon Do, Boxing, Wrestling, Kodokan Judo, Wing-Chun, Kyusho Jitsu, Improvised Combat Systems, Kuntao, Shitoyoshin Ryu Jujitsu and DanZan Ryu Jujitsu. He has been training with Professor Robert Hudson since 1985. He received the title of Renshi from Professor Kufferath in 1993. He is a Godan with Kodenkan hombu and received his Certified Menkyo Senior Master Instructor Diploma from Professor Ramon Lono Ancho, Jr. One of his many awards was the 1999 JiuJitsu Instructor of the Year by the American Budokai Society. Sensei Ryan is the chief instructor at Palmetto Jujitsu Academy & Healing Arts Center, Inc., in Lexington, SC. He is Division 3 Manager for the AJJF, a Full Instructor of Okazaki Restorative Massage, and teaches in two area massage schools. Sensei Ryan is the state representative for the American Organization for Bodywork Therapies of Asia and is actively involved with the South Carolina State Massage Board.

**Grandmaster Mark Saito**, Judan (Ninjitsu), is a Hawaiian Kahuna, 10<sup>th</sup> degree master of the Saito family Ninjitsu tradition, and a practitioner of lomilomi, Okazaki Restorative Massage, and hypnotherapy. He has studied and worked with spiritual teachers from many different traditions, including Native American shamans, Chinese and Japanese Buddhists, and Taoists.

**Sensei Randy Schuster**, Godan, began training with the Davis Ju-Do Kai junior program in 1969 and has been a member of the dojo ever since. His latest stint as School Head began around 1993. Randy has served the AJJF as Manager of Region 1, Convention Chair 1996 and 1999, Manager of Conventions and Editor of the Kiai Echo. Randy is currently the Budget Officer for the AJJF. A recent recipient of the Aspinal Award, Randy truly takes kokua to heart.

**Sensei Troy Shehorn**, Godan, has been studying Jujitsu for more than 25 years, beginning in about 1976 with Professor Nolte at the Medford Judo Academy. He is also a licensed Massage Therapist in the state of Oregon and a graduate of the AJJF Massage Course.

**Sensei Loretta Cabacungan Silvagni**, Sandan, began studying Dan Zan Ryu Jujitsu in San Jose, California under Sensei Glen Castilo who was a direct student of Professor Ray Law. While at Santa Clara University, she also studied Aikido, Karate and Kung Fu. During this time, she studied under Professors Rebmann and Congistre. After receiving her Masters in Clinical Social Work, she moved to Napa and began studying with Profesor Edwards until he moved to Montana. She then began studying under Professor Hudson. She has served as the AJJF Manager of Regions and as Manager of Exams. She is also the Sensei for Napa Valley Jujitsu and has a private practice where she emphasizes "mental" jujitsu to emphasize one's strengths to overcome their weaknesses in times of adversity. She continues to perpetuate training her students in the Hawaiian spirit of kokua by "giving from the heart with no expectations of return."

**Sensei JoAnn Strang**, Sandan, has practiced Dan Zan Ryu Jujitsu since 1984 and also holds the rank of Shodan in Goju Ryu Karate. In her fourteen years as sensei of Laurel Jujitsu, she has taught jujitsu and self-defense to hundreds of women and girls. She is a licensed acupuncturist and teaches in the AJJF massage program. JoAnn is currently the Division 1 and Northwest Region Manager.

**Sensei Jon Sylvia**, Yodan, began participating in the martial arts in 1964 at the Eureka Judo and Jujitsu Club. He began wrestling in 1969, competing in high school and college. After college, Jon served a tour with the US Marine Corps and then began a career in law enforcement. He has been with the Humboldt County Sheriff's Dept. since 1985 and is currently a patrol sergeant. Jon is also a defensive tactics and arrest and control instructor with the College of the Redwoods Criminal Justice Center. Jon began training at the Jobu Shin Kan in Eureka, CA in 1986 and was promoted to Yodan in 2001.

**Sensei Keith Thompson**, Sandan, began training on Randy Schuster's first day as sensei of the Davis Ju-Do Kai in 1993. Keith works really hard on his jujitsu instruction and has been teaching all-ranks classes since 1997. He feels blessed that he has been able to participate in many high-level jujitsu trainings and has been able to learn from many of the AJJF's best teachers. Keith is also thankful that his family enjoys jujitsu, too. Working as an elementary school teacher and traveling make Keith very happy when he is not on the mat.

**O'lohe Jerry Walker** is one of the few O'lohe who teaches Lua regularly in Hawai'i. He was born in Honolulu and raised on the islands of Maui and Oahu. His martial arts training started in June 1961 in kempo karate and he received his black belt in 1963. He has also studied Okinawan, Korean, and Japanese karate; trained in judo and Yoshinkai aikido during the mid 1960s; and from 1967 through 1971 studied the Chinese hard style arts of Choy-Li Fut and Hung Gar. He also trained in Praying Mantis. O'lohe Walker started Lua training under O'lohe Charles Kenn in 1974 and was given the title of o'lohe Lua. He practiced with a small group for twelve years and since 1993 has taught regularly to several Hawai'ian Haumana throughout the islands. He has traveled to New Zealand, Tahiti, Tuamotus, Marqueses, and Fiji to research his warrior past, the ancient Hawai'ian migration, and was fortunate to train with warrior groups in New Zealand, Tahiti and the Marqueses. His instructors have included Henry Poomaihelani, David Nuuhiwa, William Hikalia, Charles Kenn, Johnny Nash, Bucksam Kong, Herbert Lum and many others.

**Professor Clyde Zimmerman**, Shichidan, began his Martial Arts training in Sherman Oaks, California in 1959. He studied Kodokan Judo, Danzan Ryu Jujitsu, Shotokan Karate, Kung Fu and Aikido. In the early sixties he opened a dojo in Encino Park, CA and started a judo team at St. John's College in Camarillo, CA. After college, Prof. Zimmerman went into Law Enforcement, receiving P.O.S.T and B.P.S.T. certification and teaching both for law enforcement agencies and in his own dojos in California and Oregon. He next moved to Gardnerville, Nevada, opening a successful dojo in Carson City, NV. For his work there Prof. Zimmerman has received many awards including the Luciano Service Award and Instructor of the Year Awards from the Shoshin Ryu Yudanshakai and the American Jujitsu Institute. He was a member of the Board of Directors of the Shoshin Ryu Yudanshakai.

# AJJE Black

## AJJE Professors

### Judan - 10th Degree

Senior Professor Lamar Fisher  
Associate Professor Jack Wheat  
Associate Professor Willie Cahill

### Kudan - 9th Degree

Professor Tom Ball  
Professor John Congistre  
Associate Prof. William G. Randle

### Hachidan - 8th Degree

Professor Jane Carr  
Professor Rory Rebmann  
Associate Professor Tony Janovich  
Associate Professor Alex Limbaugh

### Shichidan - 7th Degree

Professor Tom Jenkins  
Professor Donald Cross  
Professor Robert Hudson  
Professor James Musselman  
Associate Professor Clyde Zimmerman

### Rokudan - 6th Degree

Professor Herb LaGue  
Professor Dennis Estes  
Professor Geoffrey Lane  
Professor Larry Nolte  
Associate Professor Imi Okazaki-Mullins

### Retired AJJE Professors

Professor Gene Edwards, Rokudan  
Professor Robert "Bud" Fuller, Godan  
Professor Betty Maillette, Rokudan  
Professor Norman Carl Nelson, Godan  
Professor Ken Regennitter, Shichidan  
Professor Chuck Smith, Rokudan  
Professor Kitty Smith, Godan

Mike Dickinson	Robert Karnes	Steven James	Randy Schuster
Barbara Gessner	Perisa (Suki) LaGue	McLaughlin	David Seifried
Sheryl T. Hagar	Roy A. Lonnerberg	Robert Reish	Troy Shehorn
Thomas Hill		Thomas Ryan	

**Yodan - 4<sup>th</sup> Degree**

David Aspinall	Francis Ferris	Ted Himmah	Ward Melenich
Nancy Bigham	Cynthia Frueh	Robert Hodgkin	Tim Merrill
Todd Birdseye	Delina Fuchs	Ron Jennings	Jeff Penner
Frank Borges	William	Thomas Lang	Jon Sylvia
Frank Diarmit	Gessner	Timothy Lynch	Sohn Wehseler

**Sandan - 3<sup>rd</sup> Degree**

David Aubin	Jaya Carl	Hillary	Loretta
Bruce Auld	Anthony	Kaplowitz	Cabacungan
Stephen Balzac	Carnemolla	Margaret (Meg)	Silvagni
Dominic Beltrami	Kathi Congistre	Keene	Charles Smith
Spencer Berry	James Dean	Robert Korody	Gary Smith
Bennett	Arthur Estes	Robert Kunkel Jr	JoAnn Strang
William Bleakly	Ted Fehlhaber	Mark Machala	Thomas Tessier
Burkhard Bohm	Brian Fennen	Donald McElroy	Keith
Mary Lou Boland	Lisa Goldoftas	Jeff Meyers	Thompson
Tanja Brekke	Brian Gorra	Matthew Moller	Greg Wyatt
Dan Browning	Jess Green	Keith Pollak	Richard Young
Daniel Butler	Gerald Halligan	Scott Redden	Mark Peters
John Manus Byrne	Richard Howell	Paul Rutter	
		Edward Shatzen	

**Nidan - 2<sup>nd</sup> Degree**

George Arrington	Peter Griggs	Lyle Najita	Thabiti Sabahive
Frederick Atienza	David Hallowell	Marcus Naranjo	Kirk Sachtler
Jan Ball	Wesley Hardaker	James Nieto	Risao Samuels
Matthew Bigham	James Heidinger	Buzz Norton	David Scheid
Carl Boivie	Kevin Henn	Jim Oba	Ralph Schlitzkus
Martin Brzykcy	Kathleen Himmah	Betty O'Keefe	Stanley Shaft
Troy Burdick	Lisa Hirsch	Oscar Ontiveros	John Shipley
John Crechriou	Daniel Howell	Jose Ortiz	Marcus Shumpert
Prescott Leeds	Richard Hueston	Todd Palmer	Daniel Simard
Davis	Michael Itagaki	Davy Pearce	Paul Smardz
Benjamin Delich	Doug Jacobs	Joseph A Pisano	Thomas Sosnowski
Christopher Denz	Randall Kabrich	Greg Hom Porritt	Pete St. Pierre
Gordon Dilger	Jay Kalisek	Nelson Powell	Katie Stevens
Allen Ergo	Brian Kehnemuyi	M.D.	Peter Sweeny
Gene Esala	Earl King	Christine	David Thompson
Curtis Fernandez	David Klaus	Pritchard	Monica Villanueva
Cynthia Ferris	Robert Kolbet	Robert Rainey	Alex Vine
Nerissa Freeman	Racelle LaMar	Lanny Reed	Duane Wieden
Kenneth Gadbury	Paul Maslin	Susan Register	April Wienholz
Brian Gilbert	Linyi Maslin	Bodnar	Troy Williams
Mark Glenchur	Bruce Mason	Richard Robbins	Nancy Young
Jamison Hakim	Skip Maxfield	Mark Roberts	
Greggs	Stanley Miller	Josh Rubak	
Brian Griffin	Robbin Miller	Christopher	
	Mike Miller	Ruhland	

**Shodan - 1<sup>st</sup> Degree**

Emily Adamson	Bruce Anders	Jeffrey Anderson	Steven Anglin
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Yael Arnon  
Stephen Asano  
Dennis Bagley  
Gordon Batchelor  
Kwan Beilin  
Kenneth Blaedel  
Skoshi Blamey  
Thomas Blamey  
Jeff Bogart  
Richard Borba  
Lea Bourn  
Peter Brill  
William Brown  
Jose Bueno  
James Bymaster  
Eric Carlisle  
Diane Carlson  
Erin Carlson  
Larry Carter  
C. Dale Casale  
Greg Catanese  
Edo Ceder  
Jeff Chaffin  
Leina Chang  
Michael Choy  
Michael Christie  
Alyssa Clark  
George Cole  
Anthony Cole  
Vincent  
Commendatore  
Tim Corvi  
Anthony Crockett  
Brian Crowley  
Michael Daniele  
Thomas DeAngelo  
Glenn Deitsch  
Daniel DePetro  
Milind Dhond  
Maude Dull

Lora Edwards  
Maria Enriquez  
Chollanna Estes  
Jeremy Estes  
Jon Falconer  
Carmen Farruggia  
Amanda Ferris  
Fred Fuchs  
Faye Garan  
Daren Gaulden  
Valerie Glatron  
Pilloud  
Richard Golia  
Winston Robert  
Gonzalez  
Cathy Gregory  
Matthew Griffith  
Filiberto  
Gutierrez  
Murrelet  
Halterman  
Jesse Hamaker  
Jeff Hansen  
Randy Hanson  
Aunda Hoover  
Blaine Hunt  
Steven James  
Ronald James  
Sue Jennings  
Michael Jimenez  
Cruz  
Brandon Johnson  
Michael Johnson  
Erin Johnston  
Jeremy Jones  
David Kahn  
Dale Kahoun  
Travis Kastigar  
Darlene Keller  
Scott Kennedy

Robert Key  
Evan King  
Justin Kocher  
Orin Kornblit  
Jerold Kunzman  
Nicolai Labarthe  
James LaMar, Jr.  
Richard Lannom  
Thane Larson  
David Lewis  
Dan Linder  
James Linn  
Steve Malek  
Victor Mancina  
Daniel  
Marchiarullo  
Jack Mauck  
Joe McCormick  
Jeanette Skaggs  
McGrath  
Robert McKean  
Linda McLaughlin  
S. Jason Meigs  
Steve Mertens  
Dean Miller  
Stacy Mosley  
Gregory Nagy  
Raymond Naseef  
Shane Nelson  
Wayne Nicol  
John O'Connor  
Chantilly Ortiz  
Kevin Devaughn  
Ott  
Kevin Palmer  
George Panos  
Phillip Paramo  
James Parks  
Gregory Poretz  
Nick Poulos

Joseph Prutzman  
Patricia Rebmann  
Doriane Regalia  
Robert Reilly  
Cory Riley  
Steven Rodal  
Julie Roessig  
David Rossney  
Robert Rullman  
Kevin Schnitzer  
Robert Seiler  
Debra Shoemaker  
Woods  
Bill Shuttic  
Kim Sigler  
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Steve Smith  
Eric Soares  
Elaine Stanley  
Jeremiah Stanley  
Francis Starmack  
Randy Stefani  
Matthew Swinford  
Amy Swinford  
Shane Thompson  
Lawrence To  
Leon Torban  
John Tully  
Charles Varner  
Gina von Damm  
James Walliser  
Richard Warner  
Alex Washburn  
Shane Weldon  
Michael Wheeler  
Colton White  
Don White  
Amarlis  
Wilwerding  
Aimee Yermish



Shiai - A Battle  
Strenuous effort  
with smiles.  
Pin your  
opponent.

Grandmaster Robert  
Hoe  
Grandmaster Mark  
Saito

**Kudan**

Prof. Sam Luke

**Hachidan**

Prof. Rick  
Hernandez  
Prof. Jerome A.  
Kunzman, Sr.  
Prof. Daniel Torres

**Shichidan**

Prof. Malcolm  
Holmes  
Jonathon Maberry  
Prof. Auvo  
Niiniketo

**Rokudan**

Prof. Lawrence  
Boydston

Master Brent Crisci  
Dave Fairfield  
Prof. Ed Hiscoe  
Rafael  
Janowitzzer

Marc Mandarich  
Shihan Dr. Guy Mor  
Thomas Reiff  
Frank Ruso  
Jimmy Arevalo  
Suquitana

**Godan**

Aaron Blackwell  
Sifu Tom Chow  
Mike Cullen  
Kathleen Dacey  
Maitre Marc  
Duchesneau  
Timo Hirvonen  
Risto Vantar  
Mark Wald

**Yodan**

George Arrington  
Robert Cavileer

Ryan Chamberland  
Dr. David Drepak  
Bob McKean  
Rami Sasson  
Agnes Violenus

**Sandan**

Fernando Benavides  
Boris Borokhov  
Haim Elboher  
Jeff Gleckman  
Cy Kamuela Harris  
Doug Holland  
Sifu Eli Ivgi  
David Potter  
Julio Ulich-Racz

**Nidan**

Mark Allen  
Oswaldo Feijoo  
Alvarado  
Amir Bernea  
Douglas Rodriguez  
Cabanilla  
Ronald James  
Margaret Limbaugh  
John Rusu

Carlos Andrade  
Salazar  
Alex Tarnosvsky  
Ed Thibedeau  
Michael Tucker

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Larell Baker  
Jose Bueno  
Phillip Bulebar  
Paul Gazzano  
Phillip Gold  
Ralph LeBlanc  
Lawrence Leske  
John Morrison  
Roberto Ortega  
Juan Paz y Mino  
Felix-Olmeda Villon  
Powell  
Jean Manuel Alcivar  
Randon  
Kathy Runey  
David Andrade Salazar  
Sharon Silver  
Maria Chuden Smith  
Joseph Yoder

We remember with Love...

## Sensei Robert Frederick Krull

*Godan, Kodokan Judo and DanZanRyu Jujitsu*

**1936-2004**

On January 4, 2004, Sensei Bob Krull of Calistoga, California passed away, the victim of esophageal cancer. Bob began his study of Danzan Ryu Jujitsu in 1954 as student under Professor William Montero, himself a student of Master Okazaki. In the early 1970's Bob moved to Calistoga where he taught jujitsu with Professor Gene Edwards, formerly of the AJJF. Together they ran the now famous Silverado Clinics on self-defense, police techniques and knife fighting arts. Bob devoted 50 years of his life to Dan Zan Ryu jujitsu and Kodokan judo. He received a Sandan in 1980 from the AJJF. Professor Montero promoted Bob to Godan in 1989. Bob was a well-respected member of the judo community. He received a Godan in judo from the US Judo Federation and US Judo Incorporated, Inc. His Nidan in Judo came from the Kodokan Institute in Japan. For many years, Bob was active has a Judo referee, traveling throughout the country. Bob will be best remembered by those who knew him as a man who knew how to use a knife. Bob was a skilled knife fighter and a man who not only talked the talk, but also walked the walk.

Bob was a superbly trained and well-rounded martial artist, a mentor and a friend. He will be greatly missed by all who loved him.

Submitted by: Bob McKean

**AJJF**  
**Dojos**

Orleans,  
Ontario K1C  
6C4

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Tim Merrill

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William Gessner

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Dan Butler

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Stanley Miller

**Fudochi Dojo**

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858-509-1252  
Professor Robert Hudson

**Gold Country JuJitsu Club**

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Shingle Springs, CA  
95682  
530-677-0705  
Ted Himmah

**Golden Sun Jujitsu**

**Academy** (Allied Plus)  
5480 Sun Valley Blvd.  
Sun Valley, NV 89433  
775-974-6429

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808-263-7742  
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**Hayashi No Dojo**

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Gene Esala

**High Sierra Jujitsu**

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Francis Ferris

**Hiscoe School of Jiu-  
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Ed G. Hiscoe

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Jeff Penner

**Hui Hale Mana**

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301-453-4474  
Mark Cameron Wald

**Jobu Shin Kan**

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Jon Sylvia

**Kodai No Bushido**

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Nancy Bigham

**Kokua Jujitsu Kai**

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970-484-7262  
Kevin Devaughn Ott

**Kon Jo Jujutsukai**

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716-693-6292  
Gerald Halligan

**Koshinkan**

195 E. Center St.  
Fallon, NV 89406  
702-423-2340  
John M. Shipley

**Kumakan**

2010 Cherokee Dr.  
Neptune Beach, FL 32266  
904-791-1527  
Spencer Berry Bennett

**Kuroinukan**

5208 Otsego St.  
Duluth, MN 55804  
218-525-9472  
Ward Melenich

**Laurel Jujitsu**

4148 Mac Arthur Blvd.  
Oakland, CA 94619  
510-530-5043  
JoAnn Strang

**M.B.S. MA Family**

**Fitness Cntr.** (Allied  
Plus)  
2720 Derry Drive  
Chesapeake, VA 23323  
757-487-4286  
Doug Holland

**Makoto Kai**

443 First St.  
Woodland, CA 95695  
530-662-5662  
Cynthia Frueh and Katie  
Stevens

**Medford Judo Academy**

3059 Crystal Mountain  
Ave.  
Medford, OR 97504  
541-772-8190 home  
Professor Larry Nolte

**Midwest JuJitsu and  
Judo Club**

15 W. 700 N. Frontage  
Rd. Ste. 140  
Hinsdale, IL 60521  
630-230-0509  
Mary Lou and Tim  
Boland

**MIT Kodenkan**

24 East Main St.  
Southboro, MA 02142  
508-303-3479  
Steve Balzac

**Mountain Storm Jujitsu**

19405 Village Dr.  
Sonora, CA 95370  
209-533-3929

Jose and Chantilly  
Ortiz

**Mugenkan Martial Arts  
Center**

P.O. Box 1392  
Yreka, CA 96097  
530-842-1320  
James and Susan Bodnar

**Napa Valley JuJitsu  
School**

1983 S. Terrace Drive  
Napa, CA 94559  
707-224-7358  
Loretta Cabacungan  
Silvagni

**Nibukikan**

636 Nord Ave Suite A  
Chico, CA 95926-4731  
530-342-1275  
Professor Geoffrey Lane

**Osoku Wakasu Dojo**

50-B Maile St. #4  
Hilo, Hawaii 96720  
808-896-6428  
Thabiti Sabahive

**Pacific Jujitsu Academy**

(Allied Plus)  
41899 Albrae St.  
Fremont, CA 94538  
408-946-4675  
Michael Tucker

**Pacific JuJitsu Kai**

15050 Sherman Way #231  
Van Nuys, CA 91405  
818-787-9731  
Hillary Kaplowitz

**Palmetto Jujitsu  
Academy**

1118 Lamplighter Rd.  
Chapin, SC 29036  
803-345-7470  
Thomas Ryan

**Quest Academy** (Allied

Plus)  
2634 Kansas Ave. #M  
Santa Monica, CA 90404  
310-828-9343  
Lawrence Boydston

**Redding JuJitsu Academy  
Inc.**

3092 Bechelli Ln.  
Redding, CA 96002  
530-223-2435  
Sheryl T. Hager

**Renkiohen Budokai**

1547 Railroad Ave.  
St. Helena, CA 94574  
707-963-9139  
Frank Borges

**Rutgers University  
Kodenkan**

Rutgers College  
Recreational Services  
130 College Ave. Rm.  
204  
New Brunswick, NJ 08901

570-421-5925  
Barbara Gessner

**Sando Dojo**

4866 Kerrick Hollow Rd.  
Corning, NY 14830  
607-962-5235  
Richard Robbins

**Santa Clarita Valley  
Jujitsu**

27566 Camomile Ln.  
Saugus, CA 91350  
661-255-6000  
Kevin Colton

**Seito Kemmei Kai**

3730 Marietta Ave  
Marietta, PA 17547  
717-203-4933  
Benjamin Delich

**Shan Shin Kan**

P. O. Box 151643  
San Rafael, CA 94915  
415-457-9730/846-4510  
Ted Fehlhaber  
**Shanti Jujitsu Dojo**  
940 Park Avenue  
San Jose, CA 95126  
408-885-1018  
Jaya R. Carl

**Shingi Kan**

16216 Quartz Valley  
Road  
Fort Jones, CA 96032  
530-468-2305  
Professor Tom Ball

**Shinzen-Kai**

1720 St. Mary's St.  
Falcon Heights, MN  
55113  
612-673-4493  
Dan Browning

**Shorinjin Ryu** (Allied  
Plus)

1291 Kahili St.  
Kailua, HI 96734  
808-372-9530  
Grandmaster Mark V.  
Saito

**Shum Pu Kan Dojo**

Rd 4 Box 4182  
Saylorsburg, PA 18353  
570-992-6939  
Thomas Hill

**Ternion Academy**

3260 Prairie Smoke Rd.  
Bozeman, MT 59715  
406-582-1931  
Vern and Tanja Brekke

**The KoDenKan Institute  
Inc.**

2260 C Bay Rd.  
Redwood City, CA 94063  
650-839-1770  
Professor James  
Musselman

**Tiger Kempo-Karate Society** (Allied)  
RFD 1 Box 47  
Richmond, ME 04357  
207-737-2370  
Robert W. Hoe

**Urban Kodenkai**  
5808 W. 35<sup>th</sup> Street

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Filiberto Gutierrez

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7769 N. Ash Point Cir.  
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84043

801-376-9468-H S-789-3424  
Jeremy Estes

**Yan San Martial Arts**  
7490 North Virginia  
Unit B  
Reno, NV 89512  
775-329-9238

Jim Oba

**Yoshin Jitsu Kai**  
1252 DePaul Way  
Livermore, CA 94550  
925-371-6062  
Richard H. Howell

## New Schools - WELCOME!

**Danzan Ryu NYC**  
190 3<sup>rd</sup> Ave  
NY, NY 10003  
917-370-7146  
Robert Seiler

**Downtown Jujitsu Kai**  
787 Delaware Ave  
Buffalo, NY 14209  
716-983-6194  
Robert Korody

**Nemuri Kuma**  
YMCA  
3127 Eastern Avenue  
Sacramento, CA 95821  
916-802-7645  
Larry Carter

**Portland Kokenkan**  
2001 SE 50<sup>th</sup> Ave  
Portland, OR 97223  
503-329-7992  
Greg Catanese

**Quest Jujitsu**

2258 Seneca Street  
Buffalo, NY 14210  
716-491-1941  
Martin Brzykcy

**Timpanogos Jujitsu**  
454 N. Center  
American Fork, UT  
84003  
801-766-9685  
Matthew Swinford

**Yama Naka Jujitsu**

105 S. 3rd  
Missoula, MT 59808  
406-728-3037  
Jeanette McGrath

**Shibumi Kai**  
7 Dahomi Street  
Jerusalem, Israel  
shibumikai@hotmail.com  
Yael Arnon

for kids of any age...

Why was the skeleton afraid  
to do falls?

Because he didn't have the  
guts!

Say this sentence outloud:

**"Owa Tagoo Siam!"**

(make sure your sensei can hear)

### Samurai Logic

A samurai is standing on one side of the river and with her are a fox, a chicken and some rice. In the river there is a small boat. The samurai wants to cross the river with all three items that are with her. There are no bridges and in the boat there is only room for the samurai and one

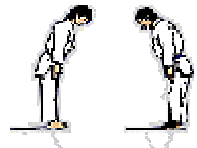
sklet? If you  
e DUNK TANK! Come

# Dan Zan Ryu

M S A L W A Y S P P K I A I P  
 J A T R A C T R I C E R P R F  
 U K S R O K O U A V A R O A O  
 J G X T E F O Y T W A F L P J  
 I R P U E K O M A C L L R U U  
 T S E S O R C Y T A S O D Y P  
 S L T S T R O I W Q F O R J S  
 U E O N G A C K R C C N B N Z  
 S H A O U E H K A F A K I J H  
 D G D B B A P H Q Z O P T K O  
 E A E Q W J I D N M A R A T W  
 Y S H A X L Q A P L H K P I N  
 A U I N L B D R O L L S I K X  
 J I A F V X R P S F D O J O D  
 I G V B R I O I V D I K N M M

DANZANRYU	PINS	
DOJO	PRACTICE	
FALLS		PROFCAHILL
HAWAII	PROFESTES	
JUDO	PROFLAW	
JUJITSU	PROFRICKERTS	
KIAI	ROLLS	
MASTEROKAZAKI	YAWARA	
NAGE		

\*\*\*\*\*  
 First the samurai  
 takes the chicken  
 across the river.  
 She goes back to  
 pick up the fox.  
 When she is across  
 she leaves the fox  
 and takes back the  
 chicken. Back on  
 the other side she  
 leaves the chicken  
 and takes the rice  
 with her. She then  
 goes back to pick



(after you circle the words, read the secret message starting at the top and going across!)

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# **AUTOGRAPHS!**

Ask your Professors and Sensei to write their favorite quote...

## **Master Henry Seishiro Okazaki**

Since the fundamental principle acquired through the practice of Jujitsu has been elevated to a finer moral concept called Judo, "The Way of

Gentleness," it may well be said that the primary objective of practicing Judo is perfection of character. And to perfect one's character one must be grateful for the abundant blessings of Heaven, Earth, and Nature, as well as for the great love of parents; one must realize his enormous debt to teachers and be ever mindful of his obligations to the general public. As a member of a family, one's first duty is to be filial to parents, to be helpful and harmonious with one's wife or husband, and to be affectionate to brothers and sisters, so that the family may be a sound, successful, and harmonious unit of the community. As a member of a nation one must be grateful for the protection which one derives as a citizen; one must guard against self interest and foster a spirit of social service. One must be discreet in action, yet hold courage in high regard, and strive to cultivate manliness. One must be gentle, modest, polite, and resourceful; never eccentric, but striving always to practice moderation in all things. One must realize that these qualities constitute the secret of the practice of Judo.

Anyone who practices Judo should neither be afraid of the strong nor despise the weak; nor should he act contrary to the strength of his enemy because of the art he has acquired. For example, when a boat is set afloat on water, one man's strength is sufficient to move the boat back and forth. This is only possible because the boat floats; for if, on the other hand, the boat is placed on dry land, the same man's strength is scarcely sufficient to move it. It is necessary, therefore, that the weak should learn this fact with regard to the strong.

The forms and techniques should be remembered as the basic art of Judo.

One should never use these arts against anyone without sufficient justification. Therefore, refrain from arrogance and do not despise a small enemy or a weak opponent. Every student of Judo should realize that honesty is the foundation of all virtues. Kindness is the secret of business prosperity. Amiability is the essence of success. Working pleasantly is the mother of health. Strenuous effort and diligence conquer adverse circumstances. Simplicity, fortitude, and manliness are the keys to joy and gladness; and service to humanity is the fountain of mutual existence and common prosperity.

As aptly expressed in the poem "The boughs that bear most hang lowest," one should never forget the virtue of modesty as one attains proficiency in the art of Judo. Do not disdain or regard lightly either literary or military art; each is important and deserves equal cultivation and respect. Within constant motion and change there is tranquility; and within tranquility, there is motion and change.

Remember always parental love and one's enormous indebtedness to teachers. Be grateful for the protection of Heaven and Earth. Be a good leader to younger men. To lead younger men well, will in the long run, mean to attain proficiency in the skill of Judo.

Like a drawing in India ink of the whispering of wind in the pines, the secrets of Judo can only be suggested. Only through personal experience can one comprehend the mystic ecstasy of such secrets. It is said of Jujitsu that it would require ten years of practice to win victory over one's self and twenty years to win victory over others.

Whatever the trials or dangers, even "Hell under the upraised sword," remain calm and remember the doctrine imparted to you by your teacher. A noted verse reads: "For the lotus flower to fall is to rise to the surface."

Only by cultivating a receptive state of mind, without preconceived ideas or thoughts, can one master the secret art of reacting spontaneously and naturally without hesitation and without purposeless resistance. These are the secrets of KoDenKan into which I have had the honor to initiate you.