

# Convention 2002!

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## Convention 2002 is brought to you by:

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## その一

*Chushin*; true heart; taking the center; loyalty

The Lion, the totem that we are using to represent our theme, obviously comes to us as our friend. In the animal world the lion represents courage, heart, and loyalty. We wish to mimic these attributes. It is in our Principles. The Lion.

So where is this Lion and how do we draw him out? How do take this center and how do we stay there? Everywhere. Everyone you meet is your mirror.

Chushin is the Acceptance by the dream, nodding approval by the classical Master Miyamoto Musashi- the heart/mind/lion emergence from the Void - The Esoteric Principles after understanding/atonement/atunement has been reached and understood through the wind, fire, water, and earth schools.

Our studies are divided into many strategies and facets. Each of these facets is broken down more and more until it is like fine sand. Through this differentiation we find a common thread; Chushin: True Heart. We know it when we see it. "Like the whispering of the pines or the drawing in India Ink, these things can only be suggested...." But though seemingly insubstantial, it becomes our very substance. Through it the analyzed technique invisibly undergoes synthesis. We take a step back, and the grains of sand have fused into a mighty mountain.

After the warrior has understood the earth, wind, fire, and water schools does she then work from the void? Does she come from the center, from the Heart?

"Giving way, yielding, is not a meek activity, it is a positive one. Although passive in nature, it is effective in reality. By learning to yield and follow, sticking to activity without resisting, one forms a real union with that activity."

Peter Ralston, founder of the Cheng Hsin (Chinese for Chushin) System

For more insights into Chushin, see his book [Cheng Hsin: The Principles of Effortless Power](#), or check out his website at <http://www.euronet.nl/~tv/chenghsin/chmain.htm>

## その二

Do not underestimate your enemy or yourself. Be prepared when you least expect it. Sometimes things may not be so obvious and evil may be smarter than you. Will you recognize it? Will it take you off guard? Can you walk through this jungle and fear no evil? Can you find your True Heart? When the Lion emerges to subdue your dragons, will you boldly enter & take the center?

## When Heart Collides

The Masters stir in their graves,  
Skies and earth will shatter  
Egos clash and opinions flash  
While nothing is the matter.

Budo suffers a heavy fate  
When determined hearts collide  
It's sometimes early, sometimes late  
A clash of form and pride.

The spirit of the fight is true  
When we abandon self and look  
Beyond the earth, beyond the sky  
Beyond whose life the battle took

A youth treads eagerly on a mat  
And maybe learns a throw or two.  
Knows not the ways how leaders play  
Or what they judge as false or true.

With respect and trust and open arms  
They watch with eager eyes to tell  
Chushin exists in these young hearts  
Our only thing to lead them well

So do not squabble in your ranks  
And don't forget to love to fall  
And those who guard a different flank  
Are still your family one and all.

Brothers, Sisters of the Ryu  
No difference lies with me or you  
In arms we share a common goal  
Those Principles we hold so true

So those who lose when kings compete  
Those who suffer the real defeat  
Are yet unborn and yet untried  
Same old slayer...foolish pride.

忠臣蔵の浪人  
The Ronin of Chushingura,  
loyal warriors who avenged  
their master's unjust death  
at the cost of their own lives

Franko

# Here's what's on tap...

## Nugget Restaurants

One big reason we chose the Nugget is for its EXCELLENT restaurants. Without leaving the building you can have old-fashioned home cooking at the Farm House Coffee Shop or the General Store, deli food at Gabe's Pub and Deli, fresh seafood at John's Oyster Bar, Mediterranean cuisine at Orozko, the newest restaurant, get a great variety at the Rotisserie buffet, or try steak and seafood either at the Steakhouse Grill or at Trader Dick's, who offer Polynesian cuisine as well. We definitely encourage you to eat IN! For those of you looking to step outside of the casino and have some microbrew and a burger, top notch fish and chips, or a pizza, (Convention Director) Franko recommends the Great Basin Brewing Company, perhaps a 5-10 minute walk from the Nugget (below).

## A Word to Those Staying Sunday

The Nugget does charge your room account for late checkouts, so please try to be on time! If you will be staying on Sunday past checkout time, make sure to use their bag checkroom for late departures. Just bring your bags down to the Bell Desk, which is located across from the Hotel Registration Desk and to your right as you face the windows. They will hold your bags until your departure for no charge but may we encourage you to tip the bellmen for their service.

The pool, hot tubs and workout room (with showers!) are also available to the AJJF throughout Sunday. After you have checked out with the hotel, you may hold on to your room key to retain easy access to these facilities. Please drop the keys in the key drop box (located at the Bell Desk) before your departure.

## T-Bone & the Nitecrawlers

T-Bone and the Nitecrawlers have performed with Buddy Miles, Jeff Healey, and Cheap Trick, among others. T-Bone has been featured at the Monterey Blues Festival and the Chicago Blues Festival. They play very danceable R&B stuff, so don't forget to pick up a banquet ticket!

## Just for kids- Funnybone

Reno's premier party clown Winner of first place in the West Coast Balloon Twist-off, Funnybone is also an award winning magician. What a crackup!

## Massage Room

Professor Jane Carr will be informally teaching advanced treatment techniques for pain relief, and anyone can sign up to receive a wonderful Okazaki Restorative Massage from a graduate! In addition, graduates of the AJJF/DZRSI massage programs can log hours for C.E. credit, or just share your ORM with an AJJF member who may not have been lucky enough to have received one before. In other words, FREE MASSAGE! Need I say more?

## Reno Taiko Drummers

*led by S ensei R ieko S himbo*

Taiko is a traditional Japanese instrument that served many different purposes. Its thunderous sound was used by priests to drive away evil spirits and pests harmful to crops. Samurai used taiko to bolster courage and scare enemies. Villagers used taiko to pray for rain, enliven festivals, and give thanks for bountiful harvests. Watch for them at the banquet!

## Lion Dancing

*In the Chinese tradition the lion symbolizes a peaceful creature who displays goodness, courage, strength and wisdom. Throughout the performance, the lion uses various movements to confuse evil spirits and to dispel evil, provide blessing and guard against misfortune. There will be lion dancing at the banquet.*

**Professor Ramon Lono Ancho, Jr.**, Judan, began studying with Master Henry Seishiro Okazaki at age 10. He holds a senior rank in Kempo Karate, the title of Professor in Kodokan Judo, and the title of Presiding Elder in the Kodokan Danzan-Ryu Jujitsu Association. He earned a total of 28 combat-related citations in his military career and attained the rank of Major. He has served as instructor to the 82nd Airborne Division, 1st Special Forces Group, 5th Special Forces Group, West Point Military Academy Cadet Judo Team, U.S. Special Warfare School and as Assistant Commandant of the New York Military Academy. He has acted as a bodyguard, instructed numerous celebrities, and has appeared in movies and television. A great believer in service, he not only devotes his time to charity and community activities, but at the same time earns a living in law enforcement.

**Sensei George Arrington** is the creator of The Danzan-Ryu Jujitsu Homepage ([www.danzan.com](http://www.danzan.com)). He is a life member of the AJJF and the founder of the Virginia Kodokan. He began his involvement with the AJJF in 1970 under the tutelage of Sensei's Mike and Steve Belzer and earned his Shodan in 1974. He later served as the AJJF Region 5 director. In 1993, he graduated from the Okugi class held by Profs. Sig Kufferath and Tony Janovich. He is currently an instructor at Prof. Janovich's Kodokan Jujitsu School in Santa Clara, CA. He has written two books on Danzan-Ryu: Yawara (1992) and Mokuroku and Kaidensho (1996). The latter of these books is soon to be released in an updated and expanded form. Sensei Arrington will be instructing a class in the use of the Japanese iron fan, or Tessen.

**Professor Tom Ball**, Kudan, began Jujitsu in 1957 with Bud Odom and received his shodan in 1958. In 1964 as a yodan, he taught at U.C. Davis, and founded the first martial arts dojo in Davis since WWII. Hundreds of students from around the world studied with him during the years 1964 to 1972. Prof. Ball is currently Sensei of the Shingi Kan and has recently retired from teaching high school in Fort Jones, California. He and his wife, Jan, have operated Camp Kodokan North at their ranch since 1973. Prof. Ball helped establish the AJJF's Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute, and sits on its Standards Committee as Director of History and Theory. He is the current CEO of the AJJF.

**Sensei Nancy Bigham**, Yodan, started Danzan-Ryu Jujitsu in 1979 and has been teaching since 1983. She received her Shodan in 1983, Nidan in 1988, Sandan in 1997, and Yodan in 2001. She is currently continuing her studies under Professor Robert Hudson, rokudan. She was the co-founder and school head of Ketojin Dojo from 1985 to 1991. From 1988-1990, she was one of the school heads for Laurel Jujitsu in Oakland, California. Nancy joined what was the Ternion Dojo as an instructor in 1993 and took over as joint school head with her husband, Matt, in 1995, when they changed the name to Kodai no Bushido. In addition to her rank in Jujitsu, Nancy holds certificates in and practices Okazaki restorative massage. She has been approved by the AJJF to teach athletic taping to meet AJJF Dan requirements.

**Sensei Todd Birdseye**, Sandan, started Danzan Ryu Jujitsu in 1978 with Prof. Bud Estes & Rich Radcliffe at the Chico Kodokan. Todd became co-sensei of the dojo in 1996 with Delina Fuchs. He received his Shodan in 1987, Nidan in 1991 and his Sandan in 2000. He is also a blue belt in Brazilian Jiu-jitsu and a purple belt in Kempo Karate.

**Sensei James Bodnar**- Beginning his Danzan Ryu training in 1983 with Professor Tom Ball, Sensei Bodnar has earned the rank of Yodan with the AJJF and is certified in the Okazaki Restorative Massage Techniques. In order to gain a deeper understanding of Danzan Ryu, Sensei Bodnar has sought out and trained with many of the finest instructors within Danzan Ryu, as well as from other martial arts which influenced Master Okazaki's creation of Danzan Ryu. Currently, he is the chief sensei of Mugenkan Martial Arts Center located in Yreka, Ca. and occasionally instructs at various clinics throughout the country.

**Sensei Mary Boland** began jujitsu in 1977 under the late Prof. Pat Browne. A Sandan and co-school head of Midwest Judo & Jujitsu, she teaches with her brother Tim Boland. Mary has completed both the basic and instructor's course in massage and has assisted in teaching the massage classes in the midwest. She has written the book: Danzan Ryu: An Unbroken Tradition. She is also the current AJJF Region 7 Manager.

**Sensei Tim Boland** began his studies of jujitsu under the late Prof. Pat Browne in 1977. He began judo shortly thereafter, medalling at numerous national and international tournaments. In addition to extensive anatomy and kinesiology courses, Tim has recently finished a year of chiropractic studies. Currently a Nidan in jujitsu and a Nidan in judo, Tim is co-school head of Midwest Judo & Jujitsu where he can be found on the mat nearly every day.

**Sensei Frank Borges**, Yodan, began his martial arts training in Judo and Jujitsu in 1978. He has been sensei of Renkiohen Budokai in St. Helena, CA for almost 15 years. He has also studied judo, aikido, karate, t'ai chi, Kung Fu, Wing Chung, and arnis.

**Sensei Tanja Brekke** is the senior student of Sensei Tom Lang. She started jujitsu at California State University, Chico in 1979. She received her AJJF Shodan in 1982 and Sandan in 1987. She has been an instructor of the AJJF Massage program, a Director of Camp Kodokan's Kids camp, the Manager of Central Office and has been co-sensei of Ternion Academy since 1982.

**Sensei Vern Brekke** is a student of Professor Lamar Fisher. He started jujitsu in 1973 at the Nibukikan in Chico, CA. and received his AJJF Shodan in 1976. The rank of Godan was awarded by the AJJF in 1992. He was sensei of Tanima Arashi, in Salinas, CA and has been co-sensei of Ternion Academy since 1982. He has also been a Director of Camp Kodokan, Manager of Development, and Chairman of the Board of Managers.

**Coach Willy Cahill** is a 10th dan in Jujitsu, a 7th Dan in Judo and a co-founder of the [Jujitsu America](http://www.jujitsu-america.com) organization. He was born in Honolulu, HI on Nov. 21, 1935. Willy's father John Cahill, Sr. was a well-respected instructor (and founding father of the AJJF) under Danzan-Ryu founder Henry Seishiro Okazaki. Willy began his martial arts training under his father while living in Hawaii. Willy became the head instructor of the dojo after the untimely passing of his father in 1962. In 1963, Willy built a new dojo in San Bruno and began a new era for Cahill's Judo Academy. In 1970, the school won the first of a string of nine California State Judo Championships and five consecutive United States Judo Association National Championships. Willy coached the 1984 and 1988 U.S. Olympic Judo teams, and his students also competed in the Goodwill Games, World Judo Championships, the Pacific Rim Championships and the Junior Pan American Championships. In 1975, Willy was inducted as Judo Instructor of the Year into the Black Belt Hall of Fame. For his lifetime of dedication to the martial arts, Willy was elevated to Judan in Jujitsu by Prof. Wally Jay in Sep. 1994 at the Ohana convention in Las Vegas.

**Professor Jane Carr**, Shichidan, is the AJJF Board of Professors Records Secretary and is a past AJJF President. Prof. Carr is the Redding Jujitsu Academy Shihan, having passed the title of RJA Sensei to her daughter, Sheryl Hager. Professor Carr also holds the Modern Arnis rank: Dayang Isa, presented by Joe Bueno, but has turned the title of RJA Modern Arnis School Head to her student, Scott Redden, Lakan Isa. Prof. Carr was involved in the origination of the AJJF Massage Program, now known as the Danzan Ryu Seifukujitsu Institute. She remains as an advisor to the Standards Committee.

**Sensei Kevin Colton**, Yodan, is the Chief Instructor at the Santa Clarita School of Jujitsu. In 1966 Kevin started Danzan Ryu Jujitsu with instructor Joe Burlin. He received his AJJF Shodan in July of 1976 and his Yodan in 2000. Kevin graduated from the DanZan Ryu Seifukujitsu Institute under Professor Robert Hudson in 1997. In his years of teaching, Kevin has promoted 18 students to the rank of Black Belt. Currently, Kevin is developing a self-defense course for persons with handicapping conditions.

**Professor John Congistre**, Kudan, started his martial arts training in 1952 in Oakland, California, at Professor Ray Law's school. Prof. Congistre has studied and competed in sport judo, earning a sandan rank. His martial arts training includes karate, kendo, and masage. He currently teaches classes at Amador Judo and Jujitsu Studio in Livermore, California, and serves as the AJJF Treasurer.

**Shihan Brent J. Crisci**, New England based martial arts instructor & competitor, is a 20 year veteran of the Kempo/Kenpo Arts. He has a lineage that is totally unique in that he shares multiple training and ranks lineages, including blackbelts and master or instructor levels in Kosho Ryu Kempo Karate, Shaolin Five Animal Kung Fu, Jui Jitsu and Diestro Escrima/ Arnis. He has also trained in Ninjitsu, Tang soo Do, Tae Kwon Do, Dan Zan Ryu Jui Jitsu and various Chinese and Japanese Weapons Systems. Among his many honors are his introduction into the World Martial Arts Hall of Fame, his tours of China, Russia, Sweden, Denmark, and South Korea as part of the U.S. team, his gold medals in 1998 at the World Goodwill Games and in 2000 at the Martial Arts World Cup in the Dominican Republic, Silver & Bronze Medals in the Pan American Games in 1997, and a ranking as one of the top ten competitors in the U.S. from 1990 – 92. He currently represents the state of Maine on the FUMA "Crusade Against Crime," captains the KicksUSA Competition/ Demonstration Team, and serves on the Board of Directors of the World Congress of Martial Arts.

**Professor Don Cross**, Rokudan, began his jujitsu training in 1957 with Professors Ray and Marie Law in Oakland, California. While his primary martial art practice has always been jujitsu, Prof. Cross has extensively studied in tai chi chuan, judo, kempo, Goju Ryu, Shotokan, Kendo, and Sil Lum kung fu, and he is a certified chi gong instructor with the Tian Gong International Association. Prof. Cross served on the AJJF Board of Managers as Manager of Regions and Manager of Internal Relations. As an Okazaki Restorative massage practitioner and instructor, he was instrumental in the development of the AJJF Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute. Prof. Cross past shihan of Jujitsu-Do Martial Arts Center.

**Sensei Frank O. Diarmit** began his study of Dan Zan Ryu in 1963 at the Salem, OR YMCA under sensei Tom Jenkins who was a student of Prof Ray Law. Tom was replaced as sensei by Roland Clark, who also studied with Prof. Law. Roland brought Frank to black belt in 1970. Frank met Prof Nolte about 25 years ago while visiting Medford on business and became his student. Prof Nolte brought Frank to Nidan in 1978, Sandan in 1982 and Yodan in 1991. Frank has a particular interest in wooden weapons, especially the yawara stick as he also a sometime woodworker. Frank also studied Tae Kwon Do briefly.

**Professor Dennis J. Estes** was exposed to DanZan Ryu from age six, and as a teenager assisted his father in teaching classes. In the 1980's as a Police Officer, he became a certified instructor in PR-24 Baton, Kubaton, Arrest and Control Techniques, Self Defense, and the Lindell Method of Handgun retention, and taught at the Idaho Police Academy. Prof. Estes rejoined the AJJF in 1983 and rose through the ranks, being promoted to Rokudan and the Professorship in 2001. He is also recognized by the Kodenkan Yudanshakai, and holds a black belt in Daito Ryu Aikijitsu. Prof. Estes started the Bushido Jutsu Kan in Lehi, Utah and is Sensei of the JoBu Shin Kan in Eureka, CA.

**Senpai Cynthia (Cyndo) Ferris** started her martial studies in 1987 at the Bushidokan dojo in Sparks, NV with Prof. Herb LaGue as her sensei. She received her shodan with the AJJF in 1991 and her nidan belt in 1994. In 1997, Prof. Herb LaGue had received his AJJF professorship and at that time made Suki LaGue the sensei at the Bushidokan. Sensei LaGue made several dojo promotions at that time and honored Senpai Ferris with her promotion to sandan. In 1998, her husband, Frank Ferris, realized his dream of having his own school by opening High Sierra Jujitsu in Reno, NV. With the blessings of Sensei Suki and Prof. LaGue, and the partnership of Gary Smith, she started a new path in her Dan Zan Ryu studies as Senpai at the dojo. In the fall of 1998, she became certified as an instructor of the R.A.D. (Rape Aggression Defense) in both their Basic and Advanced courses of women's self defense. She is currently teaching her second class of R.A.D. and enjoying this facet of the martial arts as well as instructing regularly at High Sierra Jujitsu.

**Sensei Frank (Franko) Ferris** started studying DZR in 1986 with Prof Herb LaGue. Frank holds a Yodan with the AJJF and has served on the Board of Managers as Editor of the Kiai Echo (1993-1996). Franko, the original "wandering uke," is an ORM Graduate and Sensei of High Sierra Jujitsu. Franko and his students crosstrain whenever possible and maintain an open door policy for all wandering jujitsuka.

**Senior Professor Lamar Fisher**, Judan, has practiced jujitsu since 1948, when he first became a student of Professor Estes. He taught at the Chico Judo and Jujitsu Academy from 1950 to 1972, achieving the rank of Professor in 1956. Prof. Fisher taught women's self-defense courses for 10 years at Butte College. In 1981, he became school head of the Nibukikan in Chico, California. Prof. Fisher is currently Senior Professor of the AJJF.

**Sensei Cynthia Frueh** has been training since 1981, starting at The Dojo in Oakland, California. She is the founder of Makoto Kai, Woodland, California, is an AJJF Yodan, AJJF Massage Instructor, and AJJF Manager of Insurance. Her sensei is Professor Jane Carr. She says, "My special interest has always been to allow women and girls to find their strength and dignity through jujitsu training."

**Sensei Delina Fuchs**, Sandan, started Danzan Ryu Jujitsu in 1978 with Richard Radcliffe's junior class held at the old Nibukikan in Chico. One month later, Prof. Bud Estes and Richard Radcliffe opened Chico Kodenkan one block away. She received her Shodan in 1987 and her Sandan in 2000. Delina and Sensei Todd Birdseye have run Chico Kodenkan since 1996, and she teaches Jujitsu and English at Butte Community College. She is now writing and editing a Teacher's Manual for the book Pain's Healing Secret (by Michael Turk) and finishing work on her MA.

**Sensei Barbara Gessner**, Godan in both Jujitsu and Judo, began studying the martial arts in 1972 at East Stroudsburg University, Pennsylvania, where she received both B.S. and M.Ed. degrees in Health and Physical Education. Her Master's Thesis was an application of teaching methodology to the martial art of Jujitsu. In 1976 she took over Portland Kodenkan in Pennsylvania, and in 1978 she became Sensei of her present school, Rutgers University Kodenkan in New Jersey, where she also teaches and has completed a Doctorate in Education. Barbara has been a member of the AJJF Board of Managers since 1988.

**Sensei Jess Green**, Sandan, began Danzan Ryu in 1971, under Prof. Gene Edwards. Jess is a recently credentialed teacher with motivation from 16 years of junior jujitsu camp. Jess has also studied Karate, Aikido and enjoys hanbo and jojutsu. Known primarily for using games to enhance junior's skills, he is happiest on the mat with future yudansha. Jess is sensei of the Asobikan (Japanese for playhouse), the club unified from Calistoga Jujitsu Institute and Healdsburg Jujitsu.

**Sensei Sheryl Hager**, Yodan, has been a student of Dan Zan Ryu for over 30 years. She began her training with her mother and father, Jim and Jane Dean, in May 1966 at the Redding Jujitsu Academy. In 1977, at the age of 17, Sheryl received her Shodan. Sheryl has studied a wide range of other martial arts including: Parker's Kenpo, Tai Chi, and Shotokan Karate. She formed the Hale O Lima Kokua Martial Arts Center in Sacramento in 1980 and continues to instruct special classes there. Sheryl is a certified Massage Technician in the art of Seifukujitsu, has served as an assistant instructor for the AJJF Massage Program and maintains her own massage clinic at the RJA. Sheryl received her Yodan in March, 2000 and was named School Head of the RJA the same year, her rightful inheritance.

**Professor Rick Hernandez** was born and raised in the South Bronx in New York City where he was exposed to different combat oriented art forms. He began his formal martial arts training at the age of five. Prof. Hernandez joined the military and became an Airborne Ranger. He earned the rank of Sergeant and was chosen as a Recon team leader, teaching his men Close Quarter, Hand to Hand combat, Knife and Small Arms tactics. Prof. Hernandez began his training in Vee Arnis Jitsu with Filipino martial arts legend Florendo Visitacion and continued to do so until Visitacion's recent death. Prof. Hernandez had the privilege of private one on one study with the Filipino master, and was one of the only people to receive Prof. Visitacion's complete knife fighting system. He has also studied Western boxing, internal kung fu, and military hand-to-hand combat strategy principles. Prof. Hernandez has taught law enforcement, military, private security, Martial Arts instructors, and private citizens Martial Arts and Tactical Training. Prof. Hernandez is credited with the development of the Tactical Awareness Control Strategies Against Firearms and Edged weapons program dealing with modern tactical issues concerning real world edged weapons, and firearms survival tactics.

**Sensei Thomas Hill** has trained in jujitsu since 1972. In 1980 he founded the Shum Pu Kan Dojo in Stroudsburg PA, and in 1992 he was promoted to Yodan in Dan Zan Ryu. Sensei Hill served as Region IV treasurer and sat on the BOM as Public Relations Manager. He also has the rank of Sandan with the All Japan Kendo Association and a Nidan in iaido in the Shin Shin Muso Ryu.

**Sensei Ted Himmah** began training in Dan Zan Ryu in 1970 with Prof. Cross. He received his AJJF Sandan in 1981, and then took a sabbatical from Jujitsu until 1996 when he began Shorin Ryu Karate (reaching Nidan), Kubudo, and returned to teaching Dan Zan Ryu. He officially opened Gold Country JuJitsu Club in 1998, and in 2001 he received his Yodan. He has recently begun studying Choi Lai Fut Kung Fu and Tai Chi. He has three great kids and just celebrated his 20th anniversary with his lovely wife. He studied New Testament Greek for 10 years, plays guitar, banjo, and golf, and works as a carpenter.

**Grandmaster Robert Hoe**, a native Hawaiian who migrated to New England in the early eighties, has been a student of the Kempo Arts since the age of 5. He began his training in the Kosho Ryu Kempo line under Simeon Eli, direct student of James M. Mitose. He continued training with his father in the following years. He has worked as an educator and coach for decades helping young people reach their full potential. He has always remained a student, traveling to seminars and gatherings all over, sharing with Masters from all systems in hopes of improving his own. He also holds ranking in the Cheezics line of Tang Soo Do. He is a Maine Guide and is acquiring his Maine Whitewater Rafting License well into his 50's, no small accomplishment. He will also be sharing his years of training knowledge and skills as a wrestling coach and competitor. Lastly he will be sharing his expertise as a Master Chef as he prepares special Asian delights for everyone after a hard day of training.

**Professor Robert Hudson**, Rokudan, began his jujitsu training in 1971 in Oakland, California, with Sensei Mike McGurk. In attention to studying jujitsu, Bob is sifu, or instructor, of Wing Chun gung-fu, and studies Chinese internal arts such as I quan and qi gong. Bob graduated from the Okugi class taught by Professors Sig Kufferath and Tony Janovich, where he received a KaiDensho and the teaching title of Shihan. Bob is a founding member of the AJJF Okazaki Restorative Massage Program, now known as the Danzan Ryu Seifukujitsu Institute, and he is the Director of Technical Standards. Bob has also produced three videotapes on the study and practice of Danzan Ryu Jujitsu.

**Professor Tony Janovich**, Hachidan, began his Jujitsu study under Prof. Kufferath at the age of 12. Prof. Kufferath awarded Janovich the titles of Professor and 8<sup>th</sup> dan, the highest degree ever given by Kufferath. In addition Janovich learned the Okazaki system of Restoration Therapy known as Sefukujitsu from Prof. Kufferath. A former police officer, he has taught for the Department of Defense, various police agencies and colleges. He has owned and operated the Kodenkan Jujitsu & Restoration Therapy for 29 years. Prof. Janovich holds black belt ranks in Aikido and Judo, and has studied several other martial arts.

**Professor Tom "T.J." Jenkins**, Shichidan, began his studies of Kodenkan Jujitsu with Professor Bud Estes over 40 years ago at the Chico Judo and Jujitsu Academy. He was promoted to Professor in 1989 and is a member of the AJJF Examination Board. He teaches seminars on Kodenkan Jujitsu and is the published author of the "Japanese Martial Arts Character Dictionary." He is currently completing a new book entitled "Kodenkan Jujitsu."

**Sensei Bob Karnes** started AJJF DanZan Ryu in 1982 under Ginny Kizkie in Sparks, Nevada. Bob transferred at the rank of Nikyu to Herb LaGue, Sensei of Sparks Judo and Jujitsu (now the Bushidokan) in 1984. Bob Karnes holds the Rank of AJJF Yodan and Dojo Yodan at the Bushidokan Martial Arts Temple Sparks, Nevada. Bob was Sensei Ni under Suki LaGue, Sensei and Prof. Herb LaGue until October 2001. In November 2001 Bob opened a new AJJF Dojo and is now a full-time Sensei, living next door to the gym housing Whispering Pines Martial Arts/ Matsukaze Budokai in Thompson Falls, Montana.

**Professor Jerome "Jerry" Kunzman** earned his first black belt in Aiki-Jujitsu in 1964. Prof. "Bud" Estes awarded him his black belt in Kodenkan Jujitsu in 1975. Professor Kunzman holds an 8th degree black belt in Aiki-Jujitsu, a 3rd degree black belt in Kodokan Judo, a 2nd degree black belt in Kodenkan Jujitsu, and a first degree black belt in Kyokushin Karate. He is a founding Professor of the American Teachers Association of the Martial Arts (A.T.A.M.A.). In addition to his Martial Arts accomplishments, Kunzman also holds college degrees in Electronics Engineering, Physics, and Medicine.

**Professor Herb LaGue**, Rokudan, began studying jujitsu and related esoteric subjects with his father, James, in 1951. Among the other styles of martial arts he has studied are Chinese kempo, tae kwon do, tang soo do, pi lum kung fu, sivate, kenjitsu, shotokan, aikido, and taiji quan. Herb is involved in the development of physical intervention techniques used at several state agencies ("institution waza"), offers special jujitsu training for at-risk adolescents and young adults, and hosts Camp Maui annually. A past AAU Pacific Chairman, Herb served as the AAU National Jujitsu Chairman for 12 years. He presently serves as International Chairman of AJJF Allied membership and seminars. For the last five years, he has been teaching AJJF Danzan Ryu in Asia, Europe, South America, the U.S., and Canada. Herb is also on the Board of Directors of the Ecuador Jujitsu Federation.

**Sensei Suki LaGue**, 4th Dan, started Dan Zan Ryu Jujitsu in 1985, under Prof. Herb LaGue, and has been actively studying since. Although she has taken classes in many other styles, her primary is and always will be Dan Zan Ryu Jujitsu. She is currently the schoolhead of the Bushidokan Martial Arts Temple in Sparks, NV and serves the AJJF as manager of the central office.

**Professor Geoff Lane**, Rokudan, has been studying jujitsu at the Nibukikan under Senior Professor Lamar Fisher since 1977. He received his shodan in 1979 and his sandan in 1987. He currently teaches jujitsu at the Nibukikan in Chido, CA. Geoff's athletic training includes five years of wrestling, as well as ten years of competitive swimming and water polo.

**Professor Alex Limbaugh** began studying judo at age 8 in 1968. He became Sensei in 1977 and has trained in Kodokan Judo, American Boxing, freestyle wrestling, LeDret Muay Thai, Gracie Jiu Jitsu, Tang Soo Do Karate, Practical Weapons Training and the NRA Personal Protection Course. His teaching stresses the importance of rigorous training, the ability to adapt to the situation at hand and the willingness to use any means necessary to survive in combat. Professor Limbaugh was promoted to Hachidan (8<sup>th</sup> degree black belt) and appointed Director of the Hawaiian Jiu Jitsu System, Inc., in 2000.

**Professor Sam C. Luke**- Sam Luke started jujitsu classes at 10 years old, one of the first students of his father Prof. Sam S. Luke, who was a student of Prof. Okazaki and instructor Bing Fai Lau. He has since advanced to 9<sup>th</sup> degree Black Belt and is President of the American Jujitsu Institute. Prof. Luke believes that the Kodenkan Arts are only the means to the end, which is living a good life. His other emphasis is on Kodenkan massage and a variety of other healing arts. He is a graduate of the University of Hawaii and some insurance and management schools, serves on the Board of several community organizations, and is active in his parish church where he is a lay minister. Prof. Luke also loves to plant and nurture herbs, tropical fruits, flowers and ornamentals.

**Assistant Instructor Linda A. McLaughlin** (Black Belt), is the former Senior Black Belt Instructor and the Manager of a TaeKwonDo School in the Mid-West. A Women's Self-Defense Instructor, she combines her JuJitsu with a career as a Clinical Therapist, Addictions and Anger Management Counseling, and Social Worker for Hospice programs with the terminally ill, at several of Hawaii's leading hospitals. She is currently working towards her Ph.D. in Social Welfare at the University of Hawaii (Manoa). Sempai Linda has been recognized for her outstanding work with emotional and behaviourally challenged teenagers through her Job Corps career, and in several Nevada and Hawaii Group Home Programs. She is able to apply her Social Work skills in her teaching at the KoDenKai, and her KoDenKai skills in her Social Work.

**Sensei Steven J. McLaughlin** (4th Degree BlackBelt, AJJF), has studied martial arts since 1972 and is the sensei of the Hawaii JuJitsu Kodenkai in Honolulu Hawaii. He has innovated an advanced course of underwater techniques (MizuJitsu). He is a Dive Professional and is a PADI certified Rescue Diver. Sensei McLaughlin was appointed as the Hawaii A.A.U. JuJitsu Chairman in 1994. In 1998 he was elected Marketing Manager - WorldWide for the American Judo & JuJitsu Federation, and is the Regional Manager of the Pacific (region 9) for the AJJF as well. Sensei McLaughlin has degrees in Computer Graphics & Design, and Information & Computer Science. He is the owner and originator of "That Computer Guy" computer tutoring business, and has helped pioneer Martial Arts on the Internet. He is also a Certified and Bonded Locksmith, Pistolsmith, and Knife maker. His has published several articles in leading magazines and short courses on Firearms, Edged Weapons (Knife Throwing / Knife Fighting), and Computers.

**Sensei Jack Mauck**, Yodan, studied under the late Professor James Marcinkus from 1972 on. Jack is a AJJF life time member and received his shodan in 1977. In the last 25 years he has trained under Mike Belzer, Cliff Stewart, Gene La Bell, and others. Jack has studied with his upper technique sensei Professor Herb La Gue at the Bushidokan on and off since 1978. As an instructor at the Westside YMCA Jack Mauck has constant exposure to Sensei Professor Bill Randle.

**Sensei Ward Melenich** began studying combative arts in 7<sup>th</sup> grade when he began wrestling. After college, in 1986, he was dragged kicking and screaming to watch a "stupid" martial art class. Half way through that class, he walked on the mat and re-taught some blue belts how to do Kata Hagai. The instructor, the very patient Gene Esala, asked him if he wanted to start class and a DZR addict was born. Ward formed the Kuroinukan in 1987 later was joined by co-sensei Sohn Wehseler (Sandan). Ward started Judo classes with Roger Jensen in 1990 and has routinely competed since. A Yodan since 1999, Ward is very pleased he was invited to teach his first class at the AJJF convention.

**Professor James Musselman**, Shichidan, began his studies of jujitsu in 1948 at the Chico Judo and Jujitsu Academy under Prof. Bud Estes. He started many jujitsu schools in Nevada and California while pursuing a career in broadcasting and television. In 1960, Prof. Musselman was promoted to Godan and Professor. He is currently Senior Instructor of the Kodenkan Institute located in Belmont, CA.

**Professor Auvo Niiniketo** is a 7<sup>th</sup> dan in Ju-jutsu and a 6<sup>th</sup> dan in kickboxing. He was the Finnish Boxing champion in 1972, the Finnish karate champion in 1979 and the Scandinavia kickboxing champion in 1981. He supervises 48 civilian Ju-Jutsu clubs and numerous clubs for the police and army, totaling 9000 students in Finland. He and his organization also run Ju-Jutsu clubs in Russia, Ukraine, Belarus, Estonia, Sweden, Norway, Israel, Hungary and Ecuador. Prof. Niiniketo has trained the police and the army special divisions in Finland, Russia, Ukraine and Estonia.

**Professor Larry Nolte**, Rokudan, began training in 1958 with Prof. Tom Ball. In Sept of 1960, he was awarded his Shodan by Prof. Bud Estes and Prof. Tom Ball during the opening of the Medford Judo Academy. He became Sensei of the Medford Judo Academy in 1962. Prof. Nolte coached wrestling at the high school and junior high levels for more than 30 years. His martial arts training includes sport judo, Jujitsu, Karate and Okazaki massage. Prof. Nolte continues to substitute in the public schools having retired with 35 years of service. The Medford Judo Academy is the oldest AJJF club in continuous operation, and has been in the same location since its inception. More than 40 of his students have been promoted to Shodan or higher degrees.

**Professor Imi Okazaki-Mullins**, Rokudan, studied jujitsu in Honolulu, Hawaii with her father, Henry Seishiro Okazaki, in the dojo in the back of his massage studio. Her two other instructors were Iwa Lani Tanaka and Jackie Wong. She is now on the Board of Directors of the Shoshinryu Yudanshakai, and is the technical advisor and regular instructor at Shoshinryu of Nevada in Carson City. Professor Okazaki-Mullins often gives seminars on Fujin Goshin No Maki.

**Sensei Jim Oba**- A martial arts practitioner for nearly 30 years. Jim holds several black belts in various disciplines and is presently sensei of YanSan Martial Arts in Reno Nevada. Jim continues to train under AJJF guidelines in Jujitsu.

**Sensei Chantilly Ortiz** began studying Dan Zan Ryu Jujitsu in 1996 under Sensei Jose Ortiz, and received her Shodan in 2000. Currently Co-Sensei of Mountain Storm Jujitsu in Sonora CA, she and her husband teach students of all ages. Sensei Chantilly is also the head instructor of a Women's Jujitsu class and has hosted many self-defense clinics. She is also a Certified Massage Practitioner in Okazaki Restorative Massage and runs a successful practice from the Dojo.

**Sensei Jose Ortiz** was introduced to Dan Zan Ryu Jujitsu at the Amador Judo & Jujitsu Studio, training under Professor Rory Rebman in Livermore, CA, earning his 1st degree blackbelt in 1992 and his 2nd degree belt in 1999. Prior to his jujitsu career, he wrestled all through high school and college, as well as studying Tang Soo Do during High School. He has coached High School wrestling for seven years. His current Sensei, since moving to Sonora is Prof. David Fairfield (Rokudan).

**Sensei John Pfund** began studying Danzan Ryu in the junior program of Amador Judo and Jujitsu School in January 1978 at age 10. Since then he has studied and competed in wrestling, judo, tae kwon do, and Gracie Jujitsu. In 1991, he opened the Tri-Valley Martial Arts Center of Dublin, California. Besides teaching Danzan Ryu at his school, he has initiated a Transported After School Martial Arts Program combining the teachings and values of the martial arts with traditional child care. Above all else he remains committed to teaching the values, philosophies, principles and techniques of the Danzan Ryu system. John will be co-hosting Convention 2003 in San Ramon, CA.

**Professor William G. Randle**, Kudan, began jujitsu in 1954 at Prof. Law's dojo in Oakland, conveniently located eight doors down from his grandparents' home. He opened his first dojo in 1958 in his parents' garage in Santa Monica. In 1962, he started his second dojo at the Santa Monica and Palisades YMCAs and after a hiatus in the Franciscan Brotherhood in Ohio and Texas (where he also had a dojo at St. Edward's University), opened the Westside YMCA Jujitsu dojo in West Los Angeles in 1972. He has promoted 34 students to the rank of black belt and four— Mike Chubb, James Marcinkus, Randall Ora, and Michael Salter— to Professor. Prof. Randle is currently the Head Instructor at the Westside YMCA, Senior Professor of the Shoshinryu Yudanshakai and an Associate Professor with the AJJF. Character development is the primary focus of Bill's teaching. Professor Randle and his lineage are responsible for over 200 Danzan-Ryu black belts.

**Sensei Ashley Rebmann**, Nidan began training in DanZan Ryu Jujitsu at the age of 4, at the Amador Judo & Jujitsu Studio, under the instruction of Prof. Rory Rebmann. Ashley at age 6 showed her love for jujitsu by beginning to instruct other children in class. At age 15 Ashley asked to develop a Pre-Kinder Program and thus began teaching a 3-4 year old program, which today is an integral part of the curriculum at the Amador Judo & Jujitsu Studio. Ashley is many times over a National Jujitsu Champion. When not on the mat, Ashley, a former Golden State Warrior girl, can be found dancing. She is currently the instructor of the Amador Dance Extreme, which is a division of the Amador Judo & Jujitsu Studio.

**Professor Rory Rebmann**, Hachidan, started Jujitsu in 1959 at age 11 under Prof. Ray Law. As part of his training, Prof. Rebmann studied Shotokan Karate and Bushido Jujitsu. Prof. Rebmann also holds a Godan in Kodokan Judo and a Hachidan in Goshi Jujitsu. He was awarded the Kodokan Heritage Award for 2001. He is currently the owner and head instructor of the Amador Judo & Jujitsu Studio. The Amador Studio is located in Livermore, CA and has produced many national Judo and Jujitsu champions. Prof. Rebmann is the Past President, Vice-President and Central Office Manager of the AJJF.

**Professor Tom Ryan**, Yodan, began his martial arts career in the early 1970s while in the U.S. Army. He has studied Tae Kwon Do, Boxing, Wrestling, Kodokan Judo, Wing-Chun, Kyoshu Jitsu, Improvised Combat Systems, Kuntao, Shitoyoshin Ryu Jujitsu and DanZan Ryu Jujitsu. He has been training with Professor Robert Hudson since 1985. He received the title of Renshi from Professor Kufferath in 1993. He is a Godan with Kodokan hombu and received his Certified Menkyo Senior Master Instructor Diploma from Professor Ramon Lono Ancho, Jr. One of his many awards was the 1999 JiuJitsu Instructor of the Year by the American Budokai Society. Sensei Ryan is the chief instructor at Palmetto Jujitsu Academy & Healing Arts Center, Inc., in Lexington, SC. He is Region 5 Manager for the AJJF, a Full Instructor of Okazaki Restorative Massage, and teaches in two area massage schools. Sensei Ryan is the state representative for the American Organization for Bodywork Therapies of Asia and is actively involved with the South Carolina State Massage Board.

**Sensei Randy Schuster** began training with the Davis Ju-Do Kai junior program in 1969 and has been a member of the dojo ever since. His latest stint as School Head began around 1993. Randy has served the AJJF as Manager of Region 1, Convention Chair 1996 and 1999, Manager of Conventions and is Editor of the Kiai Echo.

**Sensei Troy Shehorn**, Yodan, has been studying Jujitsu for more than 25 years, beginning in about 1976 with Professor Nolte at the Medford Judo Academy. He is also a licensed Massage Therapist in the state of Oregon and a graduate of the AJJF Massage Course.

**Sensei Loretta Cabacungan Silvagni** began studying Dan Zan Ryu Jujitsu in San Jose, California under Sensei Glen Castlio who was a direct student of Professor Ray Law who studied under Professor Okazaki. While at Santa Clara University, she also studied Aikido, Karate and Kung Fu. During this time, she studied under Professors Rebmann and Congistre. After receiving her Masters in Clinical Social Work, she moved to Napa and began studying with Professor Edwards until he moved to Montana. She then began studying under Professor Hudson. She currently has her AJJF Sandan and is Manager of Exams. She is also the Sensei for Napa Valley Jujitsu and currently has a private practice where she emphasizes "mental" jujitsu to emphasize one's strengths to overcome their weaknesses in times of adversity. She continues to perpetuate training her students in the Hawaiian spirit of kokua by "giving from the heart with no expectations of return."

**Sensei Chuden Smith**, Sensei of the Budshidokan East in Dharmasala, India. World Class Healer, Traveler, and Friend to ALL. Master of Meditation, Reiki and various Healing modalities. A LIFE TO BE MODELED AFTER. (written by Franko)

**Senpai Gary L. Smith**, Sandan, is a student at High Sierra Jujitsu under Sensei Frank Ferris. Gary started DZR with Prof. Herb LaGue in 1977 at Sparks Judo and Jujitsu. Gary co-authored and directs an assaultive behavior intervention course used throughout Nevada Mental Health/Developmental Services.

**Sensei JoAnn Strang**, Sandan, has practiced Dan Zan Ryu jujitsu since 1984 and also holds the rank of Shodan in Goju Ryu karate. In her 12 years as sensei of Laurel Jujitsu, she has taught jujitsu and self-defense to hundreds of women and girls. She is a licensed acupuncturist and teaches in the AJJF Massage Program. She will be co-hosting Convention 2003 in San Ramon, CA.

**Sensei Jon Sylvia-** Jon began participating in the martial arts in 1964 at the Eureka Judo and Jujitsu Club. He began wrestling in 1969, competing in junior high school and college. After college, Jon served a tour with the US Marine Corps and then began a career in law enforcement. He has been with the Humboldt County Sheriff's Dept. for 16 years and is currently a patrol sergeant. Jon is also a defensive tactics and arrest and control instructor with the College of the Redwoods Criminal Justice Center. Jon began training at the Jobu Shin Kan in Eureka, CA in 1986 and was promoted to Yodan in 2001.

**Professor Jack Wheat**, Judan, trained and instructed at Master Henry S. Okazaki's dojo for 16 years, from 1942 until it closed in 1958. He was awarded black belt and the coveted Jujitsu Scroll by Master Okazaki in 1945. Jack attended special classes at Master Okazaki's home where he taught black belts the higher arts of Se Kapo and Shinyo No Maki. Professor Wheat is a charter and lifetime member of the American Jujitsu Institute, was elected its first secretary and subsequently served two terms as AJI President. Professor Wheat became a member of the Hawaii Shobokan Judo Club in 1950, and in 1953 was awarded a judo black belt, Nidan, from the Kodokan in Japan. He subsequently earned Sandan, third degree. He graduated from Master Okazaki's Nikko Restoration Sanatorium Seifukujitsu in 1945, after training under Master Okazaki for 3 years, and continued massage training until 1950. He has also studied and practiced acupuncture in Thailand and Hawaii. Professor Jack Wheat is ranked as a Judan, 10th Degree Black Belt, and he continues to instruct jujitsu and massage therapy. He was inducted into the Jujitsu Hall of Fame by: Jujitsu America, Danzan Ryu Jujitsu, Hawaii Kempo Jujitsu Society, and the AJI Hall of Fame.

**Professor Clyde Zimmerman**, Shichidan, began his Martial Arts training in Sherman Oaks, California in 1959. He studied Kodokan Judo, Danzan Ryu Jujitsu, Shotokan Karate, Kung Fu and Aikido. In the early sixties he opened a dojo in Encino Park, CA and started a judo team at St. John's College in Camarillo, CA. After college, Prof. Zimmerman went into Law Enforcement, receiving P.O.S.T and B.P.S.T. certification and teaching both for law enforcement agencies and in his own dojos in California and Oregon. He next moved to Gardnerville, Nevada, opening a successful dojo in Carson City, NV. For his work there Prof. Zimmerman has received many awards including the Luciano Service Award and Instructor of the Year Awards from the Shoshin Ryu Yudanshakai and the American Jujitsu Institute. He was a member of the Board of Directors of the Shoshin Ryu Yudanshakai.

# AJFF Black Belts

## Judan 十段

Senior Professor Lamar Fisher  
Assoc. Prof. Jack Wheat

## Kudan 九段

Professor Tom Ball  
Professor John Congistre  
Assoc. Prof. William G. Randle

## Hachidan 八段

Professor Rory Rebmann  
Assoc. Prof. Tony Janovich

## Shichidan 七段

Professor Jane Carr  
Professor Tom Jenkins  
Professor James Musselman  
Assoc. Prof. Clyde Zimmerman

## Rokudan 六段

Professor Donald Cross  
Professor Dennis Estes  
Professor Robert C. Hudson  
Professor Herb LaGue  
Professor Geoffrey Lane  
Professor Larry Nolte  
Assoc. Prof. Louise Imi Okazaki-Mullins

## Godan 五段

Vern Brekke  
Maureen Browne  
Mike Dickinson  
Barbara Gessner  
Roy A. Lonnberg  
Robert Reish  
David Seifried

David Aspinall  
Nancy Bigham  
James Bodnar  
Frank Borges  
Kevin Colton  
Frank Diarmit  
Francis Ferris  
Cynthia Frueh  
William Gessner

## Yodan 四段

Sheryl T. Hager  
Thomas Hill  
Ted Himmah  
Ron Jennings  
Robert Karnes  
Perisa (Suki) LaGue

Thomas Lang  
Michael Lynch  
Timothy Lynch  
Steven James McLaughlin  
Ward Melenich  
Thomas Ryan  
Randy Schuster  
Troy Shehorn  
Jon Sylvia

David Aubin  
Bruce Auld  
Stephen R. Balzac  
Spencer Berry Bennett  
Todd Wayne Birdseye  
William B. Bleakly  
Mary Lou Boland  
Tanja Brekke  
Armand Brett  
Dan Butler  
John Manus Byrne  
Jaya R. Carl  
Anthony Carnemolla  
Tim Clepper  
Kathi Congistre

## Sandan 三段

James Dean  
Jeffrey Dearing  
Gary DeGarmo  
Arthur Estes  
Ted Fehlhaber  
Brian Fennen  
Robert Fischer  
Delina Maria Fuchs  
Lisa Goldoftas  
Brian Gorra  
Jess Green  
Gerald Halligan

Robert Hodgkin  
Margaret (Meg) Keene  
Leonard M. Lambert  
Mary Lowe  
Donald McElroy  
Raeford McIlwaine  
Tim Merrill  
Stanley Miller  
Matthew G. Moller  
Jeff Meyers  
Jeff Penner  
John Pfund

Scott Redden  
Dr. Paul Rutter  
Shirley Shannon  
Edward Shatzen  
Loretta Cabacungan  
Silvagni  
Charles A. Smith  
Gary L. Smith  
JoAnn Strang  
Thomas Tessier  
Garth Weber  
Sohn Wehseler  
Michael Werth  
Greg Wyatt  
Richard Young

# AJFの有段者

## Nidan 二段

Anthony Albright				Lanny Reed
April Alvarado				Susan Register-Bodnar
Judith E. Anderson				Richard Robbins
George Arrington				Josh Rubak
Jan Ball	Benjamin L. Delich	Richard Hager Sr.	Paul Maslin	Christopher S. Ruhland
Daniel Barrett	Christopher Denz	David Hallowell	Skip Maxfield	Kirk Jefferson Sachtler
Pierre J. M. Beauvoir	Stephen Dick	Wes Hardaker	Mike Miller	David Scheid
Dominic Beltrami	Gordon Dilger	Ted Hecklin	Robbin D. Miller	Ralph Schlitzkus
Matthew Bigham	Allen Ergo	James Heidinger	Wayne Morimoto	Stanley E. Shaft
Burkhard Bohm	Gene Esala	Kevin M. Henn	Lyle Najita	John M. Shipley
Carl J. Boivie	Hollis Fennen	Lisa Hirsch	James Nieto	Marcus Shumpert
Timothy Boland	Curtis J. Fernandez	Richard H. Howell	Buzz Norton	Daniel Simard
Sheri Borges	Cynthia Ferris	Richard Hueston	Betty O'Keefe	Paul Andrew Smardz
Dan Browning	Michael Folkendt	Randall Kabrich	Jim Oba	Janice Snyder
Troy Burdick	Michael Foster	Jay Kalisek	Oscar Ontiveros	Katie Stevens
Jay H. Callender	Paul Francis	Hillary Kaplowitz	Yan Orellana	Bruce C. Taylor
Mike Ceccarelli	Nerissa Freeman	Brian Kehnemuyi	Jose Ortiz	David Thompson
Pat Ceccarelli	Joni Fritsche	Karen Kerfoot	Todd Palmer	Keith Thompson
Terri Chase	Dennis Gacutan	Earl King	Davy Pearce	Alex L. Vine
Geoffrey W. Cornelius	Kenneth Gadbury	Robert Kolbet	Joseph A. Pisano	Kim Wallace
Gregory W. Cornelius	Mark Leigh Glenchur	Robert Korody	Keith Pollak	JoAnn Watson
John Crechriou	Michael Gley	Robert Kunkel Jr.	Greg Porritt	Kershune Wescott
Raymond David Creitz	Brian Griffin	Racelle LaMar	Nelson Powell M.D.	Duane Wieden
John David	Brian G. Gilbert	David A. Laursen	Christine Pritchard	Troy Williams
Nyla Davis	Peter Griggs	David Martin	Albert Cushing Read	Jeff Young
Prescott Leeds Davis	Nancy Gronert	Linyi Maslin	Ashley Rebmman	Nancy Young

## Shodan 初段

Jeff Abrams	Roland Clark			Marcus Naranjo	Mark Sinclair
Emily P. Adamson	Kevin Clement			Jocelyn Navarrete	Jeanette Skaggs
Thomas Andersen	Donald Coates			Lance Nott	Patty Slomski
Chris Andrews	Anthony L. Cole			John O'Connor	Michael Raymond
Steven H. Anglin	George Cole			Jim (Frank) Ogletree	Smith
Stephen K. Asano	Pedro E. Colon			Mark S. Okihiro	Steve L. Smith
Janet Heron Asay	Timothy Corvi	Luke Greene	Nancy Lalk	Liese Olaiivar	Robin Snyder
Frederick Atienza	Christopher D. Costello	Richard Grimm	James W. LaMar, Jr.	Chantilly Ortiz	Eric Soares
Dennis R. Bagley	Tony Crockett	Jason Gussman	Thomas Lane	Kevin Devaughn Ott	Thomas J. Sosnowski
LaRell Baker	Brian Scott Crowley	Filiberto Gutierrez	Richard Lannom	Ron Pacheco	Elaine Stanley
Jeff Baxter	Aric Cunningham	Michael Halbert	Craig Allen LaTour	John Pagendarm	Pete St. Pierre
Thomas Bedingfield	Rick Czyz	Jesse Hamaker	John M. Le Doux	James K. Parks	Peter Sweeny
Jesse Biesanz	John Darling	Jeff Hansen	Abdi Ben Levi	Charles T. Perkins	Matthew Swinford
Jon Beltrami	Stephanie Daveler	William E. Hayden	David Lewis	Mark Peters	Chen Tang
Thomas Blackburn	Mark Davis	Kathleen Himmah	Robert E. Lindberg	Edward Peterson	Robert Thomas
Kenneth L. Blaedel	Thomas D. DeAngelo	Aunda Hoover	Dan Linder	Kevin M. Palmer	Shane A. Thompson
Skoshi Blamey	Randal DeBunce	Daniel Howell	Donna Lingle	Gregory Poretz	Laura Tow
Thomas P. Blamey	Nanette DeMasters	Steven Huegel	James J. Linn	Emily Raab	John Gregory Tully
Richard Borba	Dan Deaver	Blaine Hunt	Susan Liroff	Patricia Rebmman	Andrew Tuttle
Thomas Brandeis	Edward Delgado	Danny Hutchinson	Michael J. Lowney	Dorianne Rose Regalia	Douglas Varner
Peter J. Brill	Alexander Del Rio	Joe Illingworth	Kris Lyons	Robert Reilly	Monica Villanueva
Robert Brouillard	Daniel DePetro	Douglas M. Jacobs	Victor M. Mancia	Cory Riley	Thomas Vlahovich
Timothy C. Brown	Robert Dobyns	Sue Jennings	Bruce Mason	Mark Roberts	Gina Von Damm
William Brown	Jeff Dunham	Brandon Johnson	Roger C. Manson	Steve Rooney	James Bruce Daniel
Martin Brzykcy	Lora Edwards	Sarita Johnson	Paul Marten	Vanessa H. Routh	Walliser
Jose Bueno	Maria Enriquez	Alex Jovanovic	Johnny Matijevich	Thabiti A. Sabahive	Damian Wallace
Phillip Bulebar	Chollanna Estes	David Kahn	Jack Mauck	Risao R. Samuel	Richard C. Warner
Harry Burleson	Jon Falconer	Dale Kahoun	Joe McCormick	Stefan Sanders	David West
Larry T. Carter	Carmen Farruggia	Darlene Keller	Robert McKean	Allen Schaffer	Mike Wheeler
C. Dale Casale	Pete Florenzen	Scott Kennedy	Linda A. McLaughlin	Art Schmitt	Heather Wilson
Joseph Cates	Matt Florenzen	Robert Key	S. Jason Meigs	David Sheehy	Lance Wilson
Edo Ceder	Fred Fuchs	David Klaus	Steve Mertens	Debra Shoemaker-	Amarlis F. Wilwerding
Leina E. Chang	Michael C. Gallina	Orin Kornblit	Graham C. Miller	Woods	David A. Wojcik
Travis Christensen	Julius Garcia	Justin Kocher	John Morrison	Roland Sieracki	Aimee Yermish
Wayne Christy	John Gimnig	Jerold A. Kunzman	Stacy A. Mosley	Kim Sigler	David Youdell
Alyssa Clark	Michael Graber	Nicolai Labarthe	Gregory B. Nagy	Sarah Menolly Silvagni	George Young, Jr.

# Allied ranks

## Allied Professors

Prof. Ramon Ancho

Sifu Tom Chow

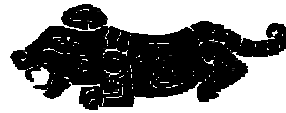
Prof. Brent Crisci

Prof. Rick Hernandez

Grandmaster Robert Hoe

Prof. Jerry Kunzman

Prof. Auvo Niiniketo



### Judan

Mark Saito

### Hachidan

Prof. Jerome A. Kunzman, Sr.

Prof. Alex Limbaugh

Prof. Daniel Torres

### Shichidan

Prof. Malcolm Holmes

Jonathon Maberry

Prof. Auvo Niiniketo

### Rokudan

Prof. Brent Crisci

Dave Fairfield

Prof. Ed Hiscoe

Rafael Janowitz

Shihan Dr. Guy Mor

Thomas Reiff

Frank Ruso

Jimmy Arevalo Suquitana

### Godan

Aaron Blackwell

Mike Cullen

Kathleen Dacey

Maitre Marc Duchesneau

Timo Hirvonen

Risto Vantar

### Yodan

George Arrington

Robert Cavileer

Dr. David Drepak

Bob McKean

Rami Sasson

### Sandan

Fernando Benavides

Boris Borokhov

Haim Elboher

Jeff Gleckman

Cy Kamuela Harris

Doug Holland

Sifu Eli Ivgi

David Potter

Julio Racz

### Nidan

Mark Allen

Oswaldo Feijoo Alvarado

Amir Bernea

Douglas Rodriguez Cabanilla

Ronald James

Margaret Limbaugh

John Rusu

Carlos Andrade Salazar

Alex Tarnosvsky

Ed Thibedeau

Michael Tucker

### Shodan

Jeremy Estes

Paul Gazzano

Ralph LeBlanc

Lawrence Leske

John Morrison

Roberto Ortega

Juan Paz y Mino

Felix-Olmeda Villon Powell

Jean Manuel Alcivar Randon

Kathy Runey

David Andrade Salazar

Sharon Silver

Maria Chuden Smith

Here's how Professor Sig Kufferath described Master Okazaki's strength-building regimen:

"One of the most interesting and special training methods Prof. Okazaki had was his calming-and-steadying-the-nerves training. He had two Japanese tubs, one hot and one cold. He had me soak in the 105-degree hot tub for two minutes, then go into the 35-degree cold tub for two minutes. It had a 120-pound block of ice floating in it.

"I changed off six times each session. He had me do this three times a week for six months. Prof. Okazaki said this will develop nerves of steel and you will have built a shield around you. Even if lightning struck next to you, you would not flinch."

*Prof. Sig Kufferath*

# AJF and Allied Dojos

13

## Arkansas

Arkansas Goshinkan  
<http://www.arkansasgoshinkan.org/>  
[AJF Allied Member]  
Sensei Mike Cullen  
MCullen835@aol.com  
PO Box 6377  
Sherwood, Arkansas 72124  
(501) 835-7403

## California

Amador Judo & JuJitsu Studio  
<http://www.amador-judo-jujitsu.com/>  
Professor Rory Rebmann  
ProfReb@aol.com  
2105 Railroad Ave.  
Livermore, CA - 94550  
925-455-6054

Asobikan - Calistoga Jujitsu  
<http://home.earthlink.net/~senseigreen/>  
Sensei Jess Green  
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c/o Monhoff Center  
Calistoga, CA - 94515  
707-942-0337

California Jujitsu Academy  
Sensei Steve Dick  
sdick@chs.srvusd.k12.ca.us  
9870 Broadmoore Dr.  
San Ramon, CA - 94583  
925-803-3232

Chico Kodokan  
Senseis Delina Fuchs  
(delina@shocking.com)  
and Todd Birdseye  
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Chico, CA - 95928  
530-343-6551

Chiku Shin Dojo  
Sensei Tim Merrill  
tmerrill@hotmail.com  
c/o Concord Youth Center  
2241 Galaxy Court  
Concord, CA - 94520  
Mailing address: 4 Elliott  
Drive, Pleasant Hill, CA  
94523  
925-935-1607

Daito Ryu, U.S.A.  
Professor John Denora  
3333 Midway Dr.  
San Diego, CA - 92102  
760-473-1031

Davis Ju-do Kai  
Sensei Randy Schuster  
ROSDavis01@aol.com  
915 3rd Street  
Davis, CA - 95616  
530-757-2081

Eureka Judo & JuJitsu  
Kodokan  
Sensei Ed Peterson  
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Eureka, CA - 95501  
707-442-4464

Feather River Kodokan  
<http://www.graeagle.com/feather/>  
Sensei Burkhard Bohm  
pgh@psln.com  
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Portola, CA - 96122  
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Fudo Chi Dojo  
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Fudo no Sei KaKu  
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Gold Country Jujitsu  
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Sensei Jeff Penner  
jeffp@sonic.net  
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Santa Rosa, CA - 95409  
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JoBu Shin Kan  
<http://www.profestes.com/>  
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224 G Street  
Eureka, CA - 95501  
707-443-3735

Jujitsu-Do Martial Arts Ctr  
<http://www.jujitsu-do.com/>  
Sensei Ken Ferreira  
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Kings Mountain Jujitsu

<http://www.ajjf.org/dojos/kingsmt/>  
Senseis Stephen R. Balzac  
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Kodai No Bushido  
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530-662-5662

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Mountain Storm Jujitsu  
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Napa, CA - 94558  
707-224-7358

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Sensei Hillary Kaplowitz  
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Redding JuJitsu Academy  
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<http://www.ajjf.org/dojos/rja/>  
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Renkiohen Budokai  
<http://www.acumed.com/acumed/ajjf/ujjitsu/renkio.html>  
Sensei Frank Borges  
RLS (Robert Louis Stevenson) Gymnasium  
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Jujitsu Academy  
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Self Defense Institute  
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http://www.mmepro.com/  
jitsu/j\_default.htm  
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Shanti Jujitsu Dojo  
http://www.danzanryu.com/  
shanti.html  
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Kumakan  
Professor Berry Bennett  
Sensei Mark Muchowicz  
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Jacksonville, FL - 32225  
904-791-1527

## Hawaii

Hawaii JuJitsu KoDenKai  
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Daijingu Shinto Temple of  
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Kailua, Hawaii - 96734  
808-263-7742

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[AJJF Allied PLUS]  
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Judan, Shihan (paiwi@aol.com)  
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808-372-9530

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http://www.midwestjujitsu.org/pwelcome.html  
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http://www.uiuc.edu/ro/IJJ/  
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MIT Kodengan  
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218-722-2433

The Kuroinukan  
http://www.kuroinukan.com  
Senseis Ward Melenich  
(duluthjudo@yahoo.com)  
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218-525-9472

Shinzen Kai  
http://www.shinzenkai.org/  
Sensei Dan Browning  
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406-582-1971

Whispering Pines Martial  
Arts/ Matsukaze Budokai  
http://www.geocities.com/  
bobasan1111/Our\_Dojo.html  
Sensei Bob Karnes  
bobasan1111@cs.com  
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Thompson Falls,  
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## Nevada

Bushidokan  
http://www.ajjf.org/dojos/  
bushidokan/  
Sensei Suki LaGue  
Sukisan@aol.com  
311 9th Street  
Sparks, NV - 89431  
775-358-1518

High Sierra Jujitsu  
www.highsierrajujujitsu.com  
Sensei Frank Ferris  
wanderinguke@att.net  
2700 Severn Dr.  
Reno, NV - 89503  
775-747-1758

Koden Jujitsu Kai  
http://www.ajjf.org/dojos/  
koden/  
Sensei Rich Borba  
RFBorba@juno.com  
6985 W. Sahara Ave., Ste  
#110  
Las Vegas, NV - 89117  
702-876-5299 (dojo)

Koden Jujitsu Kai (2nd loca-  
tion)  
North Tenaya Way  
Las Vegas, NV - 89130  
702-655-6180 (dojo)  
702-396-4699 (home)

Koshinkan  
http://www.ajjf.org/dojos/  
koshinkan/  
Sensei John Shipley  
195 East Center Street  
Fallon, NV - 89406  
775-423-2340  
Welcome Mat Ju-Jitsu Club  
Senseis Pat and Mike Cec-  
carelli  
Gnomie@worldnet.att.net  
11710 Juniper St.  
Reno, NV - 89506

Yan San Martial Arts  
Sensei Jim Oba  
541 Elko Ave.  
Reno, NV - 89512  
775-329-9238

## New Jersey

Pemberton Kodengan  
Sensei Bruce Taylor  
taymail@uplink.net  
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Mt. Holly, NJ 08060  
570-839-8139

Rutgers University Kodengan  
http://www.geocities.com/  
rutgerskodengan/  
Sensei Barbara Gessner  
bgessner@epix.net  
Room 202 College Avenue  
Gymnasium  
Rutgers University  
New Brunswick, NJ 08901  
570-421-5925

## New York

Ithaca College Sei Shin Kan  
Sensei Roy Lonnberg  
Hill Center  
Ithaca College  
Ithaca, NY - 14850  
607-277-4742

Kon Jo Jujutsukai  
Sensei Gerald L. Halligan  
ghalli@localnet.com  
Kin-Tora Fitness Center  
1827 Niagara St.  
Buffalo, NY - 14207  
716-693-6292

Sando Dojo  
Sensei Richard Robbins  
Diamond Gym  
37 Philo Rd.  
Elmira, NY  
607-962-5235

## Oregon

Medford Judo Academy  
http://www.medfordjudo.com/  
Professor Larry Nolte  
MJALarry@aol.com  
104 First Street  
Phoenix, OR - 97535  
Mailing address-  
3059 Crystal Mountain Ave.  
Medford, Ore. 97504  
541-535-4263 (dojo)  
541-772-8190 (home)

## Psalm 112: 6-8

For the righteous will never be moved;  
they will be remembered forever.

They are not afraid of evil tidings; their  
hearts are firm, secure in the Lord.

Their hearts are steady, they will not be  
afraid; in the end they will look in triumph  
on their foes.

# AJFF International

## Pennsylvania

East Stroudsburg Kodankan  
Sensei William Gessner  
1202 Spring Lane  
East Stroudsburg, PA 18301  
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Golden Dragon Judo & Ju-  
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Seito Kemmei Kai  
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Shum Pu Kan Dojo  
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## South Carolina

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rhodgkin@novell.com  
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Lone Peak Jujitsu  
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Tchase@wfol.net  
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## Virginia

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Family Fitness Center  
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757-487-4286

## Wisconsin

Green Bay Jujitsu Academy  
Sensei Greg Cornelius  
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Green Bay, WI - 54302  
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## Canada

Duchesneau Jiu-Jitsu  
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Yoseikan de Karate  
[AJFF Courtesy Member]  
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## Ecuador

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Jigoro Kano Dojo  
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Wave Spirit Dojo  
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Eli Ivgi Kung Fu & Krav  
Maga  
[AJFF Allied Member]  
Sifu Eli Ivgi  
Beit Shemesh, Israel

International Martial Arts  
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Sensei Amir Bernea  
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Sensei Boris Borokhov  
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## Saudi Arabia

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Serbia / Yugoslavia

Chapter 7 Dim brightness [Tao te ching, LeGuin tr.]

Heaven will last,  
earth will endure.  
How can they last so  
long?  
They don't exist for  
themselves  
and so can go on and on.

So wise souls leaving  
self behind  
move forward,  
and setting self aside  
stay centered.  
Why let the self go?  
To keep what the soul  
needs.

# OHANA page

Yoshin Jitsu Kai  
Livermore, CA

High Sierra Jujitsu  
Reno, NV

MuGenKan Martial Arts Ctr  
Yreka, CA

Renkiohen Budokai  
St. Helena, CA

The word “OHANA” means something like “extended family” in Hawaiian. Convention is the annual “family reunion” of the AJJF. How well do you know the members of your jujitsu family? There’s no time better than now to get to know them!

## THE CHALLENGE

See how many of these patches you can find people wearing, and then see how many different other patches you can see people with. Try to get signatures from people representing as many dojos as you can! Who knows– the person who signs your booklet may be a professor some day. And speaking of which, try to get signatures from professors and instructors, too, particularly those you work out with. This page is your Convention yearbook– now go out there and get some signatures!

Nibukikan  
Chico, CA

Napa Valley Jujitsu School  
Napa, CA

Kodenkan Jujitsu School  
Santa Clara, CA

The Kodenkan Institute  
Redwood City, CA

A copy of Prof. Bud Estes’ signature on Sandan Gary Smith’s 1980 Convention booklet.

Shingi Kan Martial  
Arts Academy  
Fort Jones, CA

Feather River Kodenkan  
Portola, CA

Midwest Jujitsu & Judo  
Hinsdale, IL

Rutgers Kodenkan  
New Brunswick, NJ

Santa Clarita Valley  
School of Jujitsu

Shanti Jujitsu Dojo  
San Jose, CA

Shan Shin Kan  
San Rafael, CA

## Banquet centerpieces

Crafted by John Shipley, Tim Walthan, & the Koshinkan Made from cedar (Cedar Mountain School, right?) these tanto stands also symbolize Chushin. After all, says Sensei Shipley, "You wouldn't give someone a knife if you didn't trust them with all your heart!"

## Cyndo Ferris

My Creator of the AJJF Lion graphic art design for Chushin arose from my own concept of "true heart" combined with the symbolic lion. I perceived a fierceness of loyalty for the path taken, hence the roaring lion with its eye being the AJJF's logo. — Cyndo

## Bob Karnes

Creator of the Tomoe with Lion image on page 3 The complete picture is a family of Lions, Male, Female and Cub. The Male was used to represent the courage needed to complete the art involved at that moment. But without the support of the rest of the family behind you you are less than you could be.

Redding Jujitsu Academy  
Redding, CA

## Diane Carlson

Creator of the lion drawing on the cover, said this about Chushin:

Do Right & Fear Not - I saw a sign that said this in the Captain's quarters of an old ship in the San Diego harbor and thought of Chushin. To know your heart and have the strength to actually listen and adhere to it - even if your path is not widely shared by others, and no matter who around you, a person or group or even country, may succumb to fear and choose an easier way and pressure you to conform - to still do what is Right without fear - this is Chushin to me.

Medford Judo Academy  
Medford, OR

Fudo no Sei KaKu  
Solana Beach, CA

## Our family remembers

### In Remembrance of Terry Pierce: December 14, 1948 - March 27, 2001

#### Prof. Pat Browne 1947—1996

Prof. Browne was a 7th Dan a member of the Board of Professors. He taught for many years in the Chicago area and was often a guest instructor at seminars around the country. Prof. Browne was known for his True Heart, and we remember particularly his honesty and loyalty.

Terry Pierce was an active member of the Medford Judo Academy and the AJJF for more than 30 years. He earned his Shodan in March 1975, Nidan In June 1991, Sandan in March 1995 and Yodan in March 2000. During his later years in the martial arts, he studied and became proficient in grappling. A gifted instructor, Terry loved to share his knowledge of grappling. He taught many classes for the MJA and various AJJF events. Diagnosed just four months prior, Terry succumbed to cancer on March 27, 2001. He will always be remembered as an excellent instructor and a true friend.

Asobikan— Calistoga Jujitsu  
Calistoga, CA

Fox Valley Judo & Jujitsu  
Aurora, IL

Jobu Shin Kan Eureka, CA

Jujitsu-do Martial Arts Center  
Citrus Heights, CA

# The Esoteric Principles



Since the fundamental principle acquired through the practice of Jujitsu has been elevated to a finer moral concept called Judo, "The Way of Gentleness," it may well be said that the primary objective of practicing Judo is perfection of character. And to perfect one's character one must be grateful for the abundant blessings of Heaven, Earth, and Nature, as well as for the great love of parents; one must realize his enormous debt to teachers and be ever mindful of his obligations to the general public. As a member of a family, one's first duty is to be filial to parents, to be helpful and harmonious with one's wife or husband, and to be affectionate to brothers and sisters, so that the family may be a sound, successful, and harmonious unit of the community. As a member of a nation one must be grateful for the protection which one derives as a citizen; one must guard against self-interest and foster a spirit of social service. One must be discreet in action, yet hold courage in high regard, and strive to cultivate strength of mind. One must be gentle, modest, polite, and resourceful; never eccentric, but striving always to practice moderation in all things. One must realize that these qualities constitute the secret of the practice of Judo.

Anyone who practices Judo should neither be afraid of the strong nor despise the weak; nor should he act contrary to the strength of his enemy because of the art he has acquired. For example, when a boat is set afloat on water, one man's strength is sufficient to move the boat back and forth. This is only possible because the boat floats; for if, on the other hand, the boat is placed on dry land, the same man's strength is scarcely sufficient to move it. It is necessary, therefore, that the weak should learn this fact with regard to the strong.

The forms and techniques should be remembered as the basic art of Judo. One should never use these arts against anyone without sufficient justification. Therefore, refrain from arrogance and do not despise a small enemy or a weak opponent. Every student of Judo should realize that honesty is the foundation of all virtues. Kindness is the secret of business prosperity. Amiability is the essence of success. Working pleasantly is the mother of health. Strenuous effort and diligence conquer adverse circumstances. Simplicity, fortitude, and manliness are the keys to

joy and gladness; and service to humanity is the fountain of mutual existence and common prosperity.

As aptly expressed in the poem "The boughs that bear most hang lowest," one should never forget the virtue of modesty as one attains proficiency in the art of Judo. Do not disdain or regard lightly either literary or military art; each is important and deserves equal cultivation and respect. Within constant motion and change there is tranquility; and within tranquility, there is motion and change.

Remember always parental love and one's enormous indebtedness to teachers. Be grateful for the protection of Heaven and Earth. Be a good leader to younger men. To lead younger men well, will in the long run, mean to attain proficiency in the skill of Judo.

Like a drawing in India ink of the whispering of wind in the pines, the secrets of Judo can only be suggested. Only through personal experience can one comprehend the mystic ecstasy of such secrets. It is said of Jujitsu that it would require ten years of practice to win victory over one's self and twenty years to win victory over others. Whatever the trials or dangers, even "Hell under the up-raised sword," remain calm and remember the doctrine imparted to you by your teacher. A noted verse reads: "For the lotus flower to fall is to rise to the surface." Only by cultivating a receptive state of mind, without preconceived ideas or thoughts, can one master the secret art of reacting spontaneously and naturally without hesitation and without purposeless resistance.

These are the secrets of KoDenKan into which I have had the honor to initiate you.

Master Henry Seishiro Okazaki